

# International Aquatic Therapy Symposium

## June 21-24, 2016

Sanibel Harbour Marriott Resort & Spa • Sanibel, FL

Your Leading Source of Multidisciplinary Aquatic Therapy Education



### Top Ten Reasons Why You Should Attend:

- 1) *Hands-on Experience in the Pool*
- 2) *Connections that can Move you Forward to New Success*
- 3) *Network with Colleagues from All Over the World*
- 4) *Learn from the Foremost Authorities*
- 5) *Stay on Top of Industry Research, Trends and Techniques*
- 6) *Beginner to Advanced Level Courses*
- 7) *Ideas You Can Use on Monday Morning*
- 8) *Improve Your Outcomes*
- 9) *Gorgeous Resort near Sanibel Island*
- 10) *All Meals are Included*

*This Event Sells Out!  
Register Today!*

World's largest multidisciplinary aquatic therapy event!  
Contact ATRI: 866-go2-ATRI (866-462-2874) • [atri@atri.org](mailto:atri@atri.org) • [www.atri.org](http://www.atri.org)



# Welcome to our 21st Symposium!



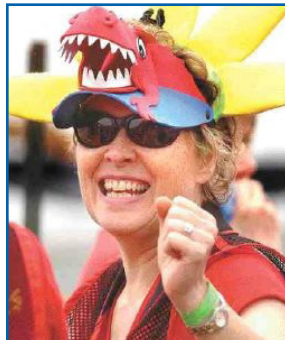
*"This was perfect for my needs as a PT brand new to aquatics wanting to get an overview and a sampling of different techniques and applications. I enjoyed the lab and lecture and know I can immediately use what I learned to benefit my patients." – Heather Sarratt, PT*

## Symposium Keynote Speaker

### Jest – For the Health of It!

Some people bring joy wherever they go ... some bring joy whenever they go! This brief interlude is designed to get you giggling as we explore the healthy benefits of laughter, humor, wit, and a positive attitude. Leave the dark side behind as you seek delight at the end of the tunnel.

**Connie Jasinkas, MSc**, brings over 30 years of experience, passion and humor to her work as an international health and fitness educator. She has authored many training resources for aquatic therapists, including AquaStretch™, and the new AquaBility Adapted Aqua Fitness Certification. **Prescription Laughter** is her book, offering healing humor to people with breast cancer. At home in Cambridge, Canada, Connie is a chronic pain (educator), provides AquaStretch™ and therapeutic aquatic exercise, as well as instructor certification in a variety of specialties. Her depth of experience and enthusiastic approach to active learning make her a sought-after trainer and speaker.



## Thank You to our 2016 Pool Equipment Suppliers:

**AquaJogger®**

[www.aquajogger.com](http://www.aquajogger.com)

**AquaLogix, Inc.®**

[www.aqualogixfitness.com](http://www.aqualogixfitness.com)

**Nekdoodle®**

[www.nekdoodle.com](http://www.nekdoodle.com)

**Sprint Aquatics®**

[www.sprintaquatics.com](http://www.sprintaquatics.com)

**Strechcordz of NZ Manufacturing®**

[www.nzmfg.com](http://www.nzmfg.com)

## Thank You to our 2016 Sponsors:

**H2O Wear®**

[www.h2owear.com](http://www.h2owear.com)

**Hydrorider®**

[www.hydroriderusa.com](http://www.hydroriderusa.com)

**Stepin2now® Swimwear**

[www.stepin2now.com](http://www.stepin2now.com)

# Join us June 21-24 in Sanibel, Florida

## Schedule at a Glance

### Tuesday, June 21

6:30 - 8:30 am	Continental Breakfast
7:30 am - 12:00 pm	Symposium Courses
12:00 - 2:00 pm	Lunch
1:30 - 5:45 pm	Symposium Courses
6:00 - 7:30 pm	Dinner
6:30 pm	Welcome/Orientation

### Wednesday, June 22

6:30 - 8:30 am	Continental Breakfast
7:45 - 11:15 am	Symposium Courses
11:30 am - 1:30 pm	Lunch
	Exhibit Hall/Gathering Place Grand Opening
1:45 - 5:15 pm	Symposium Courses
6:00 pm	Awards Celebration Dinner
	Keynote by: Connie Jasinskas, MSc

**Plan your Symposium Arrival and Departure Times!**

### Thursday, June 23

6:30 - 8:30 am	Continental Breakfast
7:30 - 11:00 am	Symposium Courses
11:00 am - 1:00 pm	Lunch
	Exhibit Hall/Gathering Place Open
1:15 - 5:30 pm	Symposium Courses
6:00 - 7:30 pm	Dinner
	Exhibit Hall/Gathering Place Open

### Friday, June 24

7:00 - 8:00 am	Symposium Courses
7:30 - 9:30 am	Networking Breakfast
8:30 am - 12:00 pm	Symposium Courses
11:30 am - 1:00 pm	Lunch
	Exhibit Hall/Gathering Place Grand Finale and Pool Equipment Distribution
1:15 pm	ATRIC Exam (separate fee)
1:30 - 4:30 pm	Practice Sessions

## ATRI Awards Celebration Dinner on Wednesday Evening

The 2016 ATRI Aquatic Therapy Awards Celebration Dinner will take place on Wednesday evening. Please join us as we honor the winners of this year's Aquatic Therapy Professional Award, Tsunami Spirit Award, and Dolphin Award!

**Award Descriptions and Nomination Forms are available at [www.atri.org](http://www.atri.org).  
The Nomination Deadline for all Awards is April 1st.**

**Complete Conference Registrants:  
This is Your Chance to Win a FREE Registration for any 2016 or 2017 ATRI Conference! We'll Draw the Winner at the Awards Celebration...  
You Must be Present to Win!**

## Register Now!

Be one of the First 50 People to Register for the Symposium and Receive Gifts from:

H2O Wear®

Hydrorider®

Nekdoodle®

Strechcordz of NZ Manufacturing®



**2014 Symposium Award Winners: (Left to Right):**  
Dolphin Award Winners: Barb Batson, Debra May, and Joey Zucchelli; Aquatic Therapy Professional Award Winner Julia Meno-Fettig; Tsunami Spirit Award Winners Laurie Denomme and Connie Jasinskas.

## Join the ATRI elist!

- **Explore Topics**
- **Ask Questions**
- **Share Ideas**
- **Post Job Searches**
- **Connect with Others in Your Field**

**It's Free! Check it out at [atri.org](http://atri.org)**



# Tuesday Course Schedule

The Symposium offers courses from 1 hour to 8 hours in length and everything in between. Please read times to avoid overlap in your schedule. All courses combine lecture and pool lab, except where noted as Lecture Only, Pool Only or Land Workshop.

For Detailed Course Descriptions, please go to [www.atri.org](http://www.atri.org)

## **Tuesday, June 21 • 8-Hour Full-Day Course • 7:30 am-5:00 pm • 8 credit hours**

1200 - Intro. to Aquatic Therapy and Rehab - Ruth Sova, MS, ATRIC  
*This Course is Recommended for All Those New to Aquatic Therapy!*

### **Course Numbers**

1000 - Beginner  
 2000 - Intermediate  
 3000 - Advanced

## **Tuesday • 3.5-Hour Morning Courses • 8:00 am-12:00 pm • 3.5 credit hours**

1002 - Mental Health and Aquatics - Vonie Stillson, MA, BC-DMT, LPC, ATRIC - **Lecture Only**  
 1610 - Interval Training for Low Back Pain - Johanne Audy-LeBlond, BA-Kinesiology  
 2623 - Optimal Discharge Options - Carolyn Collman, MS-Ex Phys, ATRIC  
 3602 - Upper Extremity Manual and Mobility Techniques - Donna Adler, BA, ATRIC

## **Tuesday • 2-Hour Morning Courses • 7:45-9:45 am • 2 credit hours**

1502 - Neuromuscular Conditioning - Maria Sykorova Pritz, EdD  
 1605 - Ai Chi for a Woman's Life - Barbara Batson, Aquatic Specialist; Mari Fujita, ATRIC

## **Tuesday • 90-minute Morning Course • 8:00-9:30 am • 1.5 credit hours**

2611 - Seated Core - Anne Pringle Burnell, Aquatic Specialist - **Land Workshop**

## **Tuesday • 2-Hour Morning Courses • 10:00 am-12:00 pm • 2 credit hours**

1203 - Introduction to Aquatic Warrior - Mary Wykle, PhD, ATRIC  
 2208 - Expanding Our Reach: Aquatic Groups for Children - Dori Maxon, PT, MEd - **Lecture Only**  
 2626 - Training Options for Endurance - Katrien Lemahieu, MSEN



## **Tuesday • 3.5-Hour Afternoon Courses • 1:30-5:30 pm • 3.5 credit hours**

2201 - Pediatric AquaHab - Julia Meno, CTRS, CMT, ATRIC  
 2230 - ROM, Stability, Balance for Muscular Endurance and Strength - Maryanne Haggerty, MS  
 2321 - Heal Your Knees - Lynda Huey, MS  
 3604 - Suspension Exercises - Anne Pringle Burnell, Aquatic Specialist

## **Tuesday • 90-minute Afternoon Courses • 1:30-3:15 pm • 1.5 credit hours**

1218 - Kids Orthopedic Plan from The Netherlands - Katrien Lemahieu, MSEN - **Land Workshop**  
 1222 - Autism Spectrum Disorders - Sue Grosse, MS - **Lecture Only**

## **Tuesday • 2-Hour Afternoon Courses • 1:30-3:30 pm • 2 credit hours**

1210 - Therapeutic Exercises for Any Pool - Marti Sprinkle, MA  
 2612 - Ai Chi Mind/Body - Patty Henry-Schneider, MS, LPC

## **Tuesday • 2-Hour Afternoon Courses • 3:45-5:45 pm • 2 credit hours**

1209 - Swimming for Severely Challenged Children - Vicki Hames-Frazier, Adapted Aquatic Specialist  
 1615 - Myofascial and Ischemic Compression - Donna Adler, BA, ATRIC - **Land Workshop**  
 2205 - Jumping into Aquatic Plyometrics: Evidence-Based Approach - David Berry, PhD, AT, ATC, ATRIC - **Land WS**  
 2317 - Rehabbing Spinal Fusions - Mary Wykle, PhD, ATRIC

**Register by Mother's Day - May 8th and Save!**

# Wednesday Course Schedule

## **Wednesday, June 22 • 3-Hour Morning Courses • 7:45-11:15 am • 3 credit hours**

1617 - Myofascial Compression - Donna Adler, BA, ATRIC

1621 - AquaStretch™ Basics - Terri Mitchell, BA, PTA, ATRIC

2006 - Developmental Coordination Disorder: Therapeutic Interventions - Sue Grosse, MS

2312 - Emerging Trends with Aquatic Applications - Ruth Sova, MS, ATRIC

2324 - Heal Your Hips - Lynda Huey, MS

2604 - Hands-on Trigger Point Compression - Julia Meno, CTRS, CMT, ATRIC - Land Workshop

3605 - Functional Barre for LE Mobility and Trunk Stability - Anne Pringle Burnell, Aquatic Specialist

## **Wednesday • 90-minute Morning Course • 7:45-9:15 am • 1.5 credit hours**

1803 - Promoting Yourself - Barbara Batson, Aquatic Specialist - Lecture Only

## **Wednesday • 90-minute Morning Course • 9:45-11:15 am • 1.5 credit hours**

1005 - Aquatic Therapy for People with Dementia - Sally Brindle, MS, CTRS, ATRIC - Lecture Only

## **Wednesday • 3-Hour Afternoon Courses • 1:45-5:15 pm • 3 credit hours**

1613 - Halliwick Basics - Katrien Lemahieu, MSEN

2307 - Joint Replacement Rehab - Terri Mitchell, BA, PTA, ATRIC

2616 - Dynamic Stability with Pilates - Anne Pringle Burnell, Aquatic Specialist

2625 - Therapeutic Activities for Impulse Control, Focus of Attention, and Tension Reduction - Sue Grosse, MS

3603 - Lower Extremity Manual and Mobility Techniques - Donna Adler, BA, ATRIC

3607 - Advanced Bad Ragaz - Julia Meno, CTRS, CMT, ATRIC

## **Wednesday • 90-minute Afternoon Courses • 1:45-3:15 pm • 1.5 credit hours**

1902 - Safety and Liability Protection Protocols - Mary Wykle, PhD, ATRIC - Lecture Only

2007 - Osteoporosis - Maryanne Haggerty, MS - Land Workshop

## **Wednesday • 90-minute Afternoon Courses • 3:45-5:15 pm • 1.5 credit hours**

1505 - Sensory Integrated Imagery - Maria Sykorova Pritz, EdD - Land Workshop

1612 - Exercise Design for Improving ADLs - Johanne Audy-LeBlond, BA-Kinesiology - Land Workshop

**See Thursday and Friday Course Schedules on next page...**

**“Great course and great instruction. I feel like I can go home and apply this to my patients on Monday.” – Monica Napier, PTA**





# Thursday / Friday Course Schedule

## **Thursday, June 23 • 3-Hour Morning Courses • 7:30-11:00 am • 3 credit hours**

- 1306 - Joint Issues - Factor O: Outcomes for Osteoarthritis, Osteoporosis, Obesity - Mary Wykle, PhD, ATRIC
- 1606 - Loaded Movement Training - Terri Mitchell, BA, PTA, ATRIC
- 2005 - Evidence-Based Practice: Bridging the Gap Between Research and Aquatic Practice - David Berry, PhD, AT, ATC, ATRIC - **Lecture Only**
- 2212 - Pediatric Sensory Issues - Dori Maxon, PT, MEd
- 2215 - Posture and Core for the Aging Spine - Maryanne Haggerty, MS
- 2302 - COREssentials for Knees and Hips - Laurie Denomme, B.Kinesiology
- 2308 - Aquatic Applications for Shoulders - Beth Scalone, PT, DPT, OCS, ATRIC
- 2638 - AquaBility: Gentle Group Exercise for Post-Rehab/Chronic Health Conditions - Connie Jasinskaskas, MSc - **Land WS**

## **Thursday • 2.5-Hour Afternoon Courses • 1:15-4:15 pm • 2.5 credit hours**

- 1022 - Research Findings in Aquatic Therapy - Ellen Broach, PhD, CTRS, ATRIC - **Lecture Only**
- 2213 - Children with Spasticity and Neuro - Dori Maxon, PT, MEd
- 2243 - Duchenne Muscular Dystrophy - Bridget Redmond, PT, DPT, ATRIC
- 2311 - Lower Back 3D Rehabilitation - Beth Scalone, PT, DPT, OCS, ATRIC
- 2624 - Cervical Treatment Techniques - Connie Jasinskaskas, MSc
- 2628 - AquaStretch™ Pro for the Hip - Laurie Denomme, B.Kinesiology
- 3302 - Trunk-Centered Extremity Movement - Maryanne Haggerty, MS

## **Thursday • 1-Hour Afternoon Course • 1:15-2:30 pm • 1 credit hour**

- 2630 - Corrective Exercise Training - Terri Mitchell, BA, PTA, ATRIC - **Land Workshop**

## **Thursday • 1-Hour Afternoon Course • 3:00-4:15 pm • 1 credit hour**

- 2631 - PNF Stretch - Terri Mitchell, BA, PTA, ATRIC - **Land Workshop**

## **Thursday • 1-Hour Afternoon Courses • 4:30-5:30 pm • 1 credit hour**

- 1211 - Healing Exercises with the Nekdoodle - Donna Adler, BA, ATRIC - **Pool Only**
- 2214 - Rehab to Conditioning on the Hydroider - Katrien Lemahieu, MSEN - **Pool Only**
- 2216 - Total Body Core with NZ Manufacturing - Maryanne Haggerty, MS - **Pool Only**
- 2632 - AquaStretch™ Lower Extremity Grip Review - Beth Scalone, PT, DPT, OCS, ATRIC - **Land Workshop**
- 2634 - AquaStretch™ Upper Extremity Grip Review - Terri Mitchell, BA, PTA, ATRIC - **Land Workshop**

## **Friday, June 24 • Networking Breakfast • 7:30-9:30 AM**

ATRI will have Networking tables for those who want to 'talk topics'. There won't be a moderator – just each of you sharing ideas. Don't see a topic? Make your own! This is all YOU!

## **Friday, June 24 • 1-Hour Morning Courses • 7:00-8:00 am • 1 credit hour**

- 1206 - Japanese Shoulder Exercises - Yukiko Yui, ATRIC - **Pool Only**
- 1809 - ATRI Certification QuickPrep - Ruth Sova, MS, ATRIC - **Lecture Only**

## **Friday • 3-Hour Morning Courses • 8:30 am-12:00 pm • 3 credit hours**

- 1604 - Orientation to the Halliwick Method - Sue Grosse, MS
- 1618 - Ai Chi International - Jun Konno, ATRIC; Ruth Sova, MS, ATRIC, Katrien Lemahieu, MSEN, Cesar Petronio, PT
- 2325 - Beyond the Basics of Ortho - Terri Mitchell, BA, PTA, ATRIC
- 2637 - AquaStretch™ Self-Release Techniques - Connie Jasinskaskas, MSc
- 2803 - Business Side to Aquatic Therapy - Beth Scalone, PT, DPT, OCS, ATRIC - **Lecture Only**
- 3203 - Athletic Rehab - David Berry, PhD, AT, ATC, ATRIC
- 3606 - 3D Function - Maryanne Haggerty, MS

## **Hands-on Practice Sessions • 1:30-4:30 pm**

You saw (or heard about) some of these techniques and concepts – now take time to practice them. Practice Sessions are just that – all hands-on performing and observing. Get small-group time to improve your hands-on skills.

- Pool ..... 1:30-4:30 pm ..... **Just You and the Water** ..... Mary Wykle, PhD, ATRIC
- Pool ..... 1:30-4:30 pm ..... **One-on-One Sessions** ..... Various Instructors

No Need to Sign up...Just Show up!

## **Register by Mother's Day - May 8th and Save!**

# Symposium Course Information

## *ATRI Faculty*

Donna Adler, BA, ATRIC  
Johanne Audy-LeBlond, BA-Kinesiology  
Barbara Batson, Aquatic Specialist  
David Berry, PhD, AT, ATC, ATRIC  
Sally Brindle, MS, CTRS, ATRIC  
Ellen Broach, PhD, CTRS, ATRIC  
Anne Pringle Burnell, Aquatic Specialist  
Carolyn Collman, MS-Ex Phys, ATRIC  
Laurie Denomme, B.Kinesiology  
Mari Fujita, ATRIC  
Sue Grosse, MS  
Maryanne Haggerty, MS  
Vicki Hames-Frazier, Adapted Aquatic Specialist  
Patty Henry-Schneider, MS, LPC  
Lynda Huey, MS  
Connie Jasinskis, MSc  
Jun Konno, ATRIC  
Katrien Lemahieu, MSEN  
Dori Maxon, PT, MEd  
Julia Meno, CTRS, CMT, ATRIC  
Terri Mitchell, BA, PTA, ATRIC  
Cesar Petronio, PT  
Bridget Redmond, PT, DPT, ATRIC  
Beth Scalone, PT, DPT, OCS, ATRIC  
Ruth Sova, MS, ATRIC  
Marti Sprinkle, MA  
Vonie Stillson, MA, BC-DMT, LPC, ATRIC  
Maria Sykorova Pritz, EdD  
Mary Wykle, PhD, ATRIC  
Yukiko Yui, ATRIC



## *ATRI Aquatic Therapeutic Exercise Certification Exam*

**Friday, June 24 • 1:30 pm (Registration 1:15 pm)**  
**(You have three hours to complete the exam.)**

**The ATRI Aquatic Therapeutic Exercise Certification Exam** is for competent, knowledgeable professionals in aquatic therapy, rehab and therapeutic exercise. The exam will test your ability to meet the Aquatic Therapy and Rehabilitation Industry Standards to practice. The Standards are available on the ATRI website and can be downloaded free of charge. The certification will allow you to use the term “ATRI Certified” or the initials “ATRIC” after your name. The certification will not make you a therapist if you aren’t already one. Please go to [atri.org](http://atri.org) for more information, click on Certification Information.

You must fulfill the prerequisite of 15 hours of education in Aquatic Therapy and Rehab in order to take the exam (either in-person or online). The Intro. to Aquatic Therapy and Rehab course (#1200 offered on Tuesday from 7:30 am-5:00 pm) is an excellent preparatory course for the exam. The ATRI Certification QuickPrep course (#1809 offered on Friday from 7:00-8:00 am) is also very helpful.



## *Position Yourself for the Future... Learn New Techniques and Protocols for Success!*





# Hotel & Travel Arrangements



## Resort Headquarters • Sanibel Harbour Marriott Resort & Spa, Sanibel/Fort Myers, FL

The Sanibel Harbour Marriott Resort & Spa is a luxurious tropical escape where 85 acres of coastal scenery welcome you. Overlooking Sanibel and Captiva Islands on Florida's Southwest Gulf Coast, Sanibel Harbour Marriott Resort & Spa was named among the "Top 100 Spa Resorts in the US" by *Condé Nast Traveler*. Swimming, kayaking, tennis, and a world-class fitness center are all part of the resort experience. Explore acclaimed angling from the resort's own fishing pier or catch a glimpse of dolphins from a memorable cruise with *Holiday Adventure Tours & Boat Rental*. Family programs include "Dive-In Movies", Sun Sport Rentals, Catamaran & Yacht Tours, plus other special events.

## Sanibel Harbour Marriott Resort & Spa Details

Guest rooms feature private balconies, signature robes, hair dryers, custom-blended bath amenities, iron/ironing boards, coffee makers, mini-bars or refrigerators, voicemail, data port, high-speed Internet access, in-room safe, non-smoking rooms, and handicapped accessible rooms.

Ahhh...  
the sea,  
the sun,  
the sand.



## Directions

If you are traveling by air, Southwest Florida International Airport (RSW) is conveniently located in Fort Myers, FL. The Resort is approximately 30 minutes from the airport. Driving directions to the Resort will be in your Confirmation Materials.

## To Get From the Airport to the Hotel

Fares are generally around \$40-50 for one to three people (all prices subject to change). MBA Taxi Service - 239-482-2777  
**Shuttle Services:** Apple: 800-852-7027 or 239-482-1200 / Majestic: 800-833-4473 or 239-489-4473.

## Parking

The hotel provides free self parking for all Symposium attendees and \$10/night valet parking - this is a special rate for ATRI attendees.

Symposium Headquarters • Overnight Accommodations

## Sanibel Harbour Marriott Resort & Spa

17260 Harbour Pointe Drive  
Fort Myers, FL 33908

Reservations Only: (800) 767-7777 or click on the

Reservations link at [www.atri.org](http://www.atri.org)

Hotel Switchboard: (239) 466-4000

Guest Fax: (239) 466-2266

[www.sanibel-resort.com](http://www.sanibel-resort.com)

**Book Your Hotel Room by June 4th  
to Secure Your Room and \$135 Rate!  
Call 800-767-7777**

## Hotel Rates

- Special Symposium rate: **\$135 single/double** (plus tax - subject to change) until June 4th. The rate includes a Daily Benefits Fee which provides the following special resort services:
  - Unlimited access to the world-class Spa facilities
  - Full use of the fitness center
  - Unlimited hours of clay tennis court time
  - Unlimited in-room access to high-speed wired or wireless Internet service
  - No additional fee for "800" numbers
  - Newspaper delivered to your guest room
  - Coffee in your guest room
  - Turndown service upon request
  - Shuttle transportation to selected Sanibel area attractions
  - Trolley transportation around the resort complex
  - Admittance to any of the more than 30 exercise classes offered weekly.
- **Please note:** When you make your reservation, you will receive an **email confirmation from the hotel**. This is auto-generated and **will include the \$15/day Resort Fee**. This **fee will be waived** when you are charged for your stay if your room is in the ATRI room block.
- Reservations will be confirmed by credit card guarantee. All major credit cards will be accepted.
- When making your reservation, please identify yourself as an Aquatic Therapy & Rehab Institute attendee to receive the special discounted rates.
- **Discounted room rates are good for three days before and after the Symposium, based on availability. These reservations MUST be made by telephone. The online reservation system will not recognize these dates.**
- **Reservation Deadline:** Cut-off date for room reservations is **June 4, 2016**. After the cut-off date, and/or once the room block has been filled, reservations will be confirmed on a space and rate available basis.
- Check-in time is 4:00 pm. Guests arriving before 4:00 pm will be accommodated as rooms become available. Check-out time is 11:00 am.
- **ATRI is not responsible for making or paying for your room reservations or overnight arrangements.**
- **Hotel Cancellation policy:** Guaranteed rooms will be held for night of arrival only. For any guaranteed reservations that result in a "no show", one night's room and tax charge will be billed to the individual. Payments for cancelled reservations will be refunded if the Resort is notified at least seven (7) days prior to the guest's scheduled arrival date.



# Symposium 2016 Registration Details

## Symposium Registration

### Your Complete Conference Registration includes:

- Choice of ALL Symposium courses, 1-hour to 8-hour courses to choose from
- All Meals - Continental Breakfast, Lunch and Dinner from Tuesday through Thursday, and Breakfast and Lunch on Friday
- Symposium Proceedings CD including all Symposium course handouts
- Nationally Recognized Continuing Education Hours
- Admission to Exhibit Hall/Gathering Place with Prizes given regularly
- Wednesday Awards Celebration Dinner
- Your Chance to Win a Free Registration to any ATRI Conference in 2016 or 2017
- Friday Networking Breakfast and Practice Sessions

### A separate fee is required for...

- Aquatic Therapeutic Exercise Certification Exam

## Continuing Education Hours

Numerous therapy and aquatics-related organizations accept ATRI courses and award credit as appropriate. Specific information will be available at the Symposium. All attendees will receive a Continuing Education Credit/Unit Record Sheet as proof of attendance. You may use the proof of attendance and the course descriptions and biographies from the ATRI website ([atri.org](http://atri.org)) to obtain credit. ATRI always provides attendees with any additional information they need to obtain credit. The following organizations routinely approve the Symposium for continuing education hours:

- American Kinesiotherapy Association (AKTA)
- American Therapeutic Recreation Association (ATRA)
- Aquatic Exercise Association, Inc. (AEA)
- Florida Board of Massage Therapy
- Florida Board of Occupational Therapy
- Florida Physical Therapy Association
- Physical Therapy Board of California
- Illinois Department of Financial and Professional Regulation
- Texas Board of Physical Therapy Examiners

Many state Physical Therapy and Occupational Therapy organizations require pre-approval of conference courses. If you are in need of PT or OT CEU approval, please check with your state PT or OT organization to determine their requirements. Every state is different and ATRI does not automatically obtain PT or OT continuing education pre-approval for all states because the cost is prohibitive. Each therapist must follow the guidelines given by his/her state PT or OT organization for approval. **Please email Angie Fischer with any questions – [afischer@atri.org](mailto:afischer@atri.org).**

## Unbeatable Exhibit Hall/Gathering Place

Our exhibitors are ready to show you the latest in useful, innovative products to increase your results and boost your profits. You'll find health and medical products, books, CDs and DVDs, plus a spectacular assortment of the latest fitness apparel. Test new products. Take advantage of Symposium discounts! The ATRI Exhibit Hall is called "The Gathering Place" so everyone knows where to meet, visit and learn during exhibit times. There will be round tables to facilitate networking, enjoy meals, and we'll also have educational and entertaining programs interspersed during the exhibit time.

## Pool Equipment Sales

The Symposium is your place to buy pool equipment! Demonstration equipment will be available to buy at discounted prices! Take advantage of these special bargains!

## Choosing Your Symposium Courses

Choose your Symposium courses by completing the Course Selection Sheets on **pages 12-15**. Cross-reference the course descriptions online at [atri.org](http://atri.org) as you make your choices. Begin by selecting all of your first choices, then make second choices in case courses fill. If it's important that you get into a particular course, your first choice schedule might include pool participation for that course, while your second choice could be the same course, but observing and taking notes from the deck. Your days at the Symposium will be very full. Balance your schedule to allow time for meals, networking and rest.

## Confirmation

**You will receive your confirmation via e-mail** (be sure [atri.org](http://atri.org) is accepted by your server) once your registration and payment have been processed. Let us know if you don't have your confirmation within two weeks after your registration. **Please Note: Your Symposium Registration must be paid in full before your registration will be processed.**

## Make your Room Reservations Now!

Be sure to book your room at the Sanibel Harbour Marriott Resort & Spa **IMMEDIATELY** to secure ATRI room rates! The Resort provides you with a beautiful, relaxing location at the center of Symposium courses and activities. **Book EARLY!** Call 1-800-767-7777 by June 4th! Room rate is not guaranteed after that date and availability is not guaranteed after our block of rooms is filled!

## Looking for a Roommate?

Would you like to share the cost of your overnight room with another attendee? We will provide a list of those who would like to share a room. If you would like to be on and receive this list, complete the roommate information on the registration form. **Note that we are not responsible for finding you a roommate or for making your reservation.** We supply the names, you make the choice. We encourage you to make hotel reservations even if you have requested a roommate. Until your plans are final, it is in your best interest to secure a room.

**Book Your Hotel Room by June 4th  
to Secure Your Room and \$135 Rate!  
Call 1-800-767-7777**

## Volunteers Always Needed

ATRI is always looking for fired-up volunteers, ready to work with us on-site at the Symposium. You'll receive a discounted registration fee as our thanks! If interested, please send an e-mail to [mgunn@atri.org](mailto:mgunn@atri.org) or call toll free, 866-go2-atri (866-462-2874).

## What to Wear

Florida in June... it will be hot and quite humid. Average daily temperatures will be in the 80s with a nice ocean breeze, of course! Two of the three pools we will be using are outdoors. Be sure to bring sun block and appropriate hats, etc. Our Symposium is always casual. Dress in layers as meeting rooms are air conditioned and although we make every effort to offer rooms with comfortable temperatures, it's wise to have a sweatshirt or jacket with you at all times, especially when coming from the pool. Please take a cover-up for over swimwear and plan to wear it or other appropriate attire over swimsuits in hotel lobby, meetings rooms and general public areas.

## Your Tuition is Tax Deductible

All expenses of continuing education, including registration fees, travel and lodging, taken to maintain or improve professional skills are tax deductible for US residents, subject to the limitations set forth by the Internal Revenue Service.



# 2016 Symposium Registration Form

## Four Ways to Register!

**ONLINE...** Register online at [www.atri.org](http://www.atri.org) • **ATRI Members Receive Great Discounts!**

**FAX...** Fax Registration Form, Course Selection Sheets and Credit Card Number to **561-828-8150**.

**MAIL...** Mail Registration Form, Course Selection Sheets and Payment (payable to ATRI) to:  
**ATRI, 6602 Chestnut Circle, Naples, FL 34109.** (Checks must be mailed with Registration Form and Course Selection.  
Please do not mail checks separately.)

**PHONE...** Call toll free **866-462-2874** • Please complete your Course Selection Sheets first.

## 1) Registrant Information

Name \_\_\_\_\_ Circle: \_\_\_\_\_  
Male/Female \_\_\_\_\_ Discipline \_\_\_\_\_

Name as you prefer on your name badge \_\_\_\_\_

Workplace Name (needed only if we are mailing to your workplace address) \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Country \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ Work Phone ( ) \_\_\_\_\_ Fax ( ) \_\_\_\_\_

E-Mail Address \_\_\_\_\_ Emergency Contact/Phone ( ) \_\_\_\_\_

Do you require handicap assistance to participate in this event? Yes No Type of assistance: \_\_\_\_\_

How did you hear about us? ATRI Website ATRI Mailing ATRI eList/Bulletin Board Word-of-Mouth

Internet Search Engine: \_\_\_\_\_ Advertisement - Publication Name: \_\_\_\_\_

## 2) Roommate Listing

Check the box at left to be added to the Roommate List.

We will email you a list of others who would like to share a room. We are not responsible for finding you a roommate or for making your hotel reservation. We supply the names, you make the choice. We encourage you to make reservations even if you have requested a roommate.

Circle: Male OR Female

## 3) Conference Registration

**Complete Conference Registration Includes:**

- Choice of ALL Symposium courses
- All Meals - Continental Breakfast, Lunch and Dinner from Tuesday through Thursday, Breakfast and Lunch on Friday (Please see Meal Information below)
- Your Chance to Win a Free Registration to any ATRI Conference in 2016 or 2017
- Program Proceedings CD including all Symposium course handouts
- Nationally Recognized Continuing Education Hours
- Admission to Exhibit Hall/Gathering Place with Prizes given regularly
- Wednesday Awards Celebration Dinner
- Friday Networking Breakfast and Hands-on Practice Sessions

**Register by  
Mother's Day -  
May 8th and Save!**

### Become a Member of ATRI for just \$45 and Save!

Covers Membership from January 1 - December 31, 2016 (Dues are \$45 whenever you join)

#### "Members Rule!" Benefits:

Conference Discounts	Research Updates
Aqua MarketPlace Discounts	Exclusive Aquatic Therapy Articles
ATRI Member News	Specials on Products Throughout the Year

### Group Discounts Available!

Groups of 3 or more can call ATRI at 866-462-2874 for possible Group Discounts.

**Meal Information:** Meals are basic – nothing fancy and no special requests – but they'll be quick and free. There is no discount for not eating them. Please notify us of food allergies. It helps the hotel to know ahead of time. Please do NOT contact the hotel directly about meals. Thank you.



# 2016 Symposium Registration Form (cont'd)

Your Name \_\_\_\_\_

## 4) Complete Course Selection Sheet

(Pages 12-15) **Registrations can not be Processed without completed Course Selection Sheets.**

## 5) Membership - \$45 (Optional)

See Benefits List at left.

## 6) ATRI Certification Exam (Separate Fee)

The ATRI Certification Exam is optional.

\_\_\_\_\_ \$255 - Friday, June 24 - 1:15 pm  
(You have 3 hours to complete the exam.)

## 7) Registration Fees

**Complete Conference Registration** (Includes All Symposium Courses Tuesday through Friday, All Meals Tuesday through Thursday, Breakfast and Lunch on Friday, and Practice Sessions on Friday)

	ATRI Member	Non-Member
Paid <b>BY</b> Early Bird Discount Deadline of <b>Mother's Day (May 8)</b> .....	\$885	\$985
Paid <b>AFTER</b> Early Bird Discount Deadline .....	\$955	\$1025
Reduced From.....	\$1225	\$1325

OR

**Pay-By-Day Registration** (includes three meals) ..... \$395/day

### Pay-Per-Course Registration

If you are unavailable for the full Symposium, there is a limited amount of space available on a Pay-Per-Course basis. Pay-Per-Course registrations are processed AFTER the Early Bird deadline of May 8th. Call ATRI for prices and to register - 866-462-2874. No online registration available for Pay-Per-Course. You must call ATRI to register for Pay-Per-Course.

**Register by Mother's Day -  
May 8th and Save!**

### Figure Your Fees...(Circle your fees/Enter Total at bottom)

\$ 45 ATRI Membership (Optional) Covers membership from Jan. 1-Dec. 31, 2016, no matter when you sign up

\$ \_\_\_\_\_ Registration Fee - Enter Appropriate Fee - See #7 Registration Fees Above

\$ 255 ATRI On-Site Certification Exam Fee (Optional)

\$ \_\_\_\_\_ Total

**8) Payment** (Payable to ATRI) - Your Registration must be paid in full in order to process your Course Selection. You will not receive any Confirmation Materials until your Registration is paid in full. (If you are using the Payment Plan, you will receive your Confirmation Materials right away, but they will show a balance due until paid in full.) Thank you.

• Sorry, we do not accept Purchase Orders

Check or Money Order # \_\_\_\_\_

Credit Card (circle one): MasterCard    VISA    Discover    American Express

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ 3 or 4-Digit Code on Card: \_\_\_\_\_

Name as it appears on Card (Print): \_\_\_\_\_

Billing Address of Cardholder:

Street Address \_\_\_\_\_

City, State, Zip, Country \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_

### Cancellation Policy:

Cancellations must be sent in writing. Your registration fee may be transferred to another ATRI conference or you may transfer your registration to another person. A \$50 fee paid by check or credit card is required for all transfers. Transfers are one-time only and must be used within one year of the date of the conference you are transferring from. If you are cancelling completely, you must cancel 30 days prior to the conference. Your registration fee, minus a \$75 processing fee, will be refunded after the conference. There are no refunds for no-shows or for those not meeting the 30-day deadline.



# Course Selection Sheet Directions

<b>KEY</b> L = Lecture LW = Land Workshop P = Pool (to be in the water) D = Deck (to sit on deck)
---

- Sign up for as many courses as you wish by circling the appropriate letter (see key at right).
- **PLEASE BE SURE COURSE TIMES DO NOT OVERLAP.**
- The courses are described at [www.atri.org](http://www.atri.org). Click on **June 21-24 - Sanibel, FL**. You will see the schedule of courses listed. Click on any underlined course for a complete description. More information is also available on **pages 4-7** of this brochure.
- **Friday Afternoon Sessions:** No need to sign up, just show up.
- **Courses are filled in the order in which Registrations are received - you must include:**
  - **Completed Registration Form (pages 10-11)**
  - **Completed Course Selection Sheets (pages 13-15)**
  - **Full Payment**
- Courses are grouped according to time periods for each day. Many course times overlap. Please make your 1st and 2nd choices with that in mind.
- Begin by filling in your 1st choices for each day, then your second choices. We hope to be able to fill your 1st choices, but you should also make 2nd choices. If you do not make a 2nd choice and your 1st choice is full, you will not be registered for any course during that time frame. (Note: 2nd choice selection not available online).
- If there is a course that you really want, your first choice might be pool space for that course and your second choice might be deck space for that same course, giving you the best chance of getting into the course.
- **SEE SAMPLE COURSE SELECTION SHEET BELOW.**  
Please read the times of the courses carefully.  
You will not circle a choice in every time block because course times overlap.  
(E.g.) If you choose a course that runs for a four-hour time block as a first choice, do not choose courses in shorter time frames as first choices that would overlap the first course selected. If you do not think you will be attending during certain time frames, **please indicate NA** next to that time frame so we understand you would prefer to pass it up.

**For Detailed Course Descriptions, please go to [www.atri.org](http://www.atri.org)**

## FOUR WAYS TO REGISTER...

- Register ONLINE at [www.atri.org](http://www.atri.org)
- FAX your Course Selection Sheets with your Registration Form and Payment to 561-828-8150.
- MAIL your Course Selection Sheets, Registration Form, and Payment to:  
**ATRI, 6602 Chestnut Circle, Naples, FL 34109.**
- Have your credit card ready and Course Selection Sheets completed, and CALL toll free 866-go2-ATRI (866-462-2874).

# Sample Course Selection Sheet

Course Title	Time	Course #	1st Choice	2nd Choice
Sample Workshop	8:00 am -- 12:00 pm	SAMPLE	(P) or D	P or D
Sample Workshop	8:00 am -- 12:00 pm	SAMPLE	P or D	P or D
Sample Workshop	8:00 am -- 12:00 pm	SAMPLE	P or D	P or D
Sample Workshop	8:00 am -- 9:30 am	SAMPLE	P or D	(P) or D
Sample Workshop	8:00 am -- 9:30 am	SAMPLE	P or D	P or D
Sample Workshop	10:00 am -- 12:00 pm	SAMPLE	P or D	P or D
Sample Workshop	10:00 am -- 12:00 pm	SAMPLE	P or D	(P) or D
Sample Lecture	10:00 am -- 12:00 pm	SAMPLE	L	L
Sample Workshop	1:30 pm -- 5:30 pm	SAMPLE	(P) or D	P or D
Sample Workshop	1:30 pm -- 5:30 pm	SAMPLE	P or D	P or D
Sample Workshop	1:30 pm -- 5:30 pm	SAMPLE	P or D	P or D

**SAMPLE Course Selection Sheet**

**Discounted Pool Equipment!!!**  
*Pool Equipment Used at this Event will be Sold at a Discount!*  
**Reserve Yours Early and Pick It Up in the Exhibit Hall on Friday from 11:30 am-1:00 pm!**

Registrant's Name \_\_\_\_\_

Course Title	Time	Course#	1st Choice	2nd Choice
--------------	------	---------	------------	------------

**Tuesday Courses • June 21 • 8-Hour Full-Day Course**

Intro. to Aquatic Therapy and Rehab	7:30 am -- 5:00 pm	1200	P or D	P or D
-------------------------------------	--------------------	------	--------	--------

*Begin by selecting your 1st choice of courses for each day, then go back and make your 2nd choices*

**Tuesday Morning Courses • June 21 • 3.5-Hour Courses**

Mental Health and Aquatics	8:00 am -- 12:00 pm	1002	L	L
Interval Training for Low Back Pain	8:00 am -- 12:00 pm	1610	P or D	P or D
Optimal Discharge Options	8:00 am -- 12:00 pm	2623	P or D	P or D
Upper Extremity Manual and Mobility Techniques	8:00 am -- 12:00 pm	3602	P or D	P or D

**Tuesday Morning Courses • June 21 • 90-minute / 2-hour Courses**

Neuromuscular Conditioning	7:45 am -- 9:45 am	1502	P or D	P or D
Ai Chi for a Woman's Life	7:45 am -- 9:45 am	1605	P or D	P or D
Seated Core	8:00 am -- 9:30 am	2611	LW	LW
Introduction to Aquatic Warrior	10:00 am -- 12:00 pm	1203	P or D	P or D
Expanding Our Reach: Aquatic Groups for Children	10:00 am -- 12:00 pm	2208	L	L
Training Options for Endurance	10:00 am -- 12:00 pm	2626	P or D	P or D

*If you select a 3.5-hour course in the morning, you may choose another 3.5-hour course in the afternoon or two shorter courses*

*Hours listed are the number of CEUs you will earn for the course. In some cases, the actual course times listed are longer because they include time to change from classroom to pool*

**Tuesday Afternoon Courses • June 21 • 3.5-Hour Courses**

Pediatric AquaHab	1:30 pm -- 5:30 pm	2201	P or D	P or D
ROM/Stability/Balance for Muscular Endurance/Strength	1:30 pm -- 5:30 pm	2230	P or D	P or D
Heal Your Knees	1:30 pm -- 5:30 pm	2321	P or D	P or D
Suspension Exercises	1:30 pm -- 5:30 pm	3604	P or D	P or D

*READ times to avoid overlap in your schedule!*

**Tuesday Afternoon Courses • June 21 • 90-minute / 2-hour Courses**

Kids Orthopedic Plan from The Netherlands	1:30 pm -- 3:15 pm	1218	LW	LW
Autism Spectrum Disorders	1:30 pm -- 3:15 pm	1222	L	L
Therapeutic Exercises for Any Pool	1:30 pm -- 3:30 pm	1210	P or D	P or D
Ai Chi Mind/Body	1:30 pm -- 3:30 pm	2612	P or D	P or D
Swimming for Severely Challenged Children	3:45 pm -- 5:45 pm	1209	P or D	P or D
Myofascial and Ischemic Compression	3:45 pm -- 5:45 pm	1615	LW	LW
Jumping into Aquatic Plyometrics	3:45 pm -- 5:45 pm	2205	LW	LW
Rehabbing Spinal Fusions	3:45 pm -- 5:45 pm	2317	P or D	P or D

*90-minute to 2-Hour Courses*

*2-Hour Courses*

**Register by Mother's Day - May 8th and Save!**



Registrant's Name \_\_\_\_\_

**READ times to avoid overlap in your schedule!**

Course Title	Time	Course#	1st Choice	2nd Choice
--------------	------	---------	------------	------------

**Wednesday Morning Courses • June 22 • 3-hour Courses**

Myofascial Compression	7:45 am -- 11:15 am	1617	P or D	P or D
AquaStretch™ Basics	7:45 am -- 11:15 am	1621	P or D	P or D
Developmental Coordination Disorder	7:45 am -- 11:15 am	2006	P or D	P or D
Emerging Trends with Aquatic Applications	7:45 am -- 11:15 am	2312	P or D	P or D
Heal Your Hips	7:45 am -- 11:15 am	2324	P or D	P or D
Hands-on Trigger Point Compression	7:45 am -- 11:15 am	2604	LW	LW
Functional Barre for LE Mobility and Trunk Stability	7:45 am -- 11:15 am	3605	P or D	P or D

**3-Hour Courses**

**Wednesday Morning Courses • June 22 • 90-minute Courses**

Promoting Yourself	7:45 am -- 9:15 am	1803	L	L
Aquatic Therapy for People with Dementia	9:45 am -- 11:15 am	1005	L	L

**Pay Attention to times of courses. Some are shorter. Some are longer. Avoid overlap!**

**Wednesday Afternoon Courses • June 22 • 3-hour Courses**

Halliwick Basics	1:45 pm -- 5:15 pm	1613	P or D	P or D
Joint Replacement Rehab	1:45 pm -- 5:15 pm	2307	P or D	P or D
Dynamic Stability with Pilates	1:45 pm -- 5:15 pm	2616	P or D	P or D
Impulse Control/Focus of Attention/Tension Reduction	1:45 pm -- 5:15 pm	2625	P or D	P or D
Lower Extremity Manual and Mobility Techniques	1:45 pm -- 5:15 pm	3603	P or D	P or D
Advanced Bad Ragaz	1:45 pm -- 5:15 pm	3607	P or D	P or D

**3-Hour Courses**

**Wednesday Afternoon Courses • June 22 • 90-minute Courses**

Safety and Liability Protection Protocols	1:45 pm -- 3:15 pm	1902	L	L
Osteoporosis	1:45 pm -- 3:15 pm	2007	LW	LW
Sensory Integrated Imagery	3:45 pm -- 5:15 pm	1505	LW	LW
Exercise Design for Improving ADLs	3:45 pm -- 5:15 pm	1612	LW	LW
<b>Awards Celebration Dinner - 6:00 pm - Please circle "Yes" if you plan to attend...</b>			<b>Yes</b>	

**90-minute Courses**

**Thursday Morning Courses • June 23 • 3-hour Courses**

Joint Issues (Osteoarthritis/Osteoporosis/Obesity)	7:30 am -- 11:00 am	1306	P or D	P or D
Loaded Movement Training	7:30 am -- 11:00 am	1606	P or D	P or D
Bridging the Gap - Research and Aquatic Practice	7:30 am -- 11:00 am	2005	L	L
Pediatric Sensory Issues	7:30 am -- 11:00 am	2212	P or D	P or D
Posture and Core for the Aging Spine	7:30 am -- 11:00 am	2215	P or D	P or D
COREssentials for Knees and Hips	7:30 am -- 11:00 am	2302	P or D	P or D
Aquatic Applications for Shoulders	7:30 am -- 11:00 am	2308	P or D	P or D
AquaBility: Post-Rehab/Chronic Health Conditions	7:30 am -- 11:00 am	2638	LW	LW

**3-Hour Courses**

Registrant's Name \_\_\_\_\_

**READ times to avoid overlap in your schedule!**

Course Title	Time	Course#	1st Choice	2nd Choice
<b>Thursday Afternoon Courses • June 23 • 2.5-hour Courses</b>				
Research Findings in Aquatic Therapy	1:15 pm -- 4:15 pm	1022	L	L
Children with Spasticity and Neuro	1:15 pm -- 4:15 pm	2213	P or D	P or D
Duchenne Muscular Dystrophy	1:15 pm -- 4:15 pm	2243	P or D	P or D
Lower Back 3D Rehabilitation	1:15 pm -- 4:15 pm	2311	P or D	P or D
Cervical Treatment Techniques	1:15 pm -- 4:15 pm	2624	P or D	P or D
AquaStretch™ Pro for the Hip	1:15 pm -- 4:15 pm	2628	P or D	P or D
Trunk-Centered Extremity Movement	1:15 pm -- 4:15 pm	3302	P or D	P or D

**2.5-Hour Courses**

**Thursday Afternoon Courses • June 23 • 1-hour Courses**

Corrective Exercise Training	1:15 pm -- 2:30 pm	2630	LW	LW
PNF Stretch	3:00 pm -- 4:15 pm	2631	LW	LW

**1-Hour Courses**

**Thursday Afternoon Courses • June 23 • 1-hour Courses**

Healing Exercises with the Nekdoodle (Pool Only)	4:30 pm -- 5:30 pm	1211	P or D	P or D
Rehab to Conditioning on the Hydridorider (Pool Only)	4:30 pm -- 5:30 pm	2214	P or D	P or D
Total Body Core with NZ Manufacturing (Pool Only)	4:30 pm -- 5:30 pm	2216	P or D	P or D
AquaStretch™ Lower Extremity Grip Review	4:30 pm -- 5:30 pm	2632	LW	LW
AquaStretch™ Upper Extremity Grip Review	4:30 pm -- 5:30 pm	2634	LW	LW

**1-Hour Courses**

**Friday Morning Courses • June 24 • 1-hour Courses**

Japanese Shoulder Exercises (Pool Only)	7:00 am -- 8:00 am	1206	P or D	P or D
ATRI Certification QuickPrep	7:00 am -- 8:00 am	1809	L	L

**1-Hour Courses**

**Friday Morning Courses • June 24 • 3-hour Courses**

Orientation to the Halliwick Method	8:30 am -- 12:00 pm	1604	P or D	P or D
Ai Chi International	8:30 am -- 12:00 pm	1618	P or D	P or D
Beyond the Basics of Ortho	8:30 am -- 12:00 pm	2325	P or D	P or D
AquaStretch™ Self-Release Technique	8:30 am -- 12:00 pm	2637	P or D	P or D
Business Side to Aquatic Therapy	8:30 am -- 12:00 pm	2803	L	L
Athletic Rehab	8:30 am -- 12:00 pm	3203	P or D	P or D
3D Function	8:30 am -- 12:00 pm	3606	P or D	P or D

**3-Hour Courses**



**Friday Afternoon Practice Sessions  
No Need to Sign Up, Just Show Up!  
See Page 6 for More Information**

**Interested in the ATRI Certification Exam?  
See Page 7 for Details...Register on Page 11**





**Aquatic Therapy & Rehab Institute**  
6602 Chestnut Circle  
Naples, FL 34109

**Register by Mother's Day and Save!  
Become a Member of ATRI and Save!**

PRESORTED  
STANDARD  
U.S. POSTAGE  
PAID  
PERMIT #1  
MANASOTA FL

***International Aquatic Therapy  
Symposium***

***June 21-24, 2016  
Sanibel, Florida, USA***

**Aquatic Therapy & Rehab Institute  
Toll Free: 866-go2-ATRI (866-462-2874)  
Email: [atri@atri.org](mailto:atri@atri.org) • Web: [www.atri.org](http://www.atri.org)**

***The Symposium Offers You:***

- New techniques and protocols for success!
- Speakers, who are specifically chosen for three important qualities: their teaching, facilitating and mentoring abilities!
- Learn creative strategies and get the confidence to use them to expand and evolve this year!

**ATRI...Where Education is Never Dry!**



***Your Leading Source of Multidisciplinary Aquatic Therapy Education***