

INTERNATIONAL AQUATIC THERAPY SYMPOSIUM

JUNE 26-30, 2012

SANIBEL HARBOUR MARRIOTT RESORT & SPA • SANIBEL, FL

YOUR LEADING SOURCE OF MULTIDISCIPLINARY AQUATIC THERAPY EDUCATION



TOP TEN REASONS WHY YOU SHOULD ATTEND:

- 1) *Hands-on Experience in the Pool*
- 2) *Courses from 1 hour to 8 hours Throughout*
- 3) *Network with Colleagues from All Over the World*
- 4) *Multidisciplinary Approach*
- 5) *Learn from the Foremost Authorities*
- 6) *Stay on Top of Industry Research, Trends and Techniques*
- 7) *Beginner to Advanced Level Courses*
- 8) *Ideas You Can Use on Monday Morning*
- 9) *Over 100 Courses to Choose From*
- 10) *All Meals are Included*

**This Event Sells Out!
Register Today!**

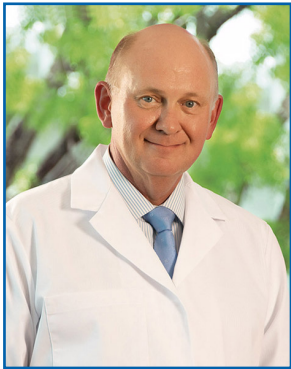
WORLD'S LARGEST MULTIDISCIPLINARY AQUATIC THERAPY EVENT!

Contact ATRI: 866-go2-ATRI (866-462-2874) • atri@atri.org • www.atri.org

Welcome to Symposium 2012!



“This was perfect for my needs as a PT brand new to aquatics wanting to get an overview and a sampling of different techniques and applications. I enjoyed the lab and lecture and know I can immediately use what I learned to benefit my patients.” – Heather Sarratt, PT



Symposium Keynote Speaker

Dr. Robert Biscup, M.S., D.O., F.A.O.A.O., is a board-certified orthopedic surgeon, practicing for more than 25 years. His developments in major reconstructive, previously failed, and minimally invasive spine surgeries, including

laser microsurgery and micro-decompression laminoplasty, have earned him international recognition as a pioneer in the field of spine care and spinal surgery. Dr. Biscup has traveled extensively throughout the United States and Europe, lecturing and demonstrating the surgical techniques, instrumentation and implants he helped to develop.

Appointed to the prestigious Cleveland Clinic in 1997, Dr. Biscup was on staff in the neurological surgery and orthopedic surgery departments. He also served as director of the Regional Spine Care Program and chairman of the Cleveland Clinic Florida Spine Institute. He is a fellow of the American Osteopathic Academy of Orthopedics (for which he previously served as president) and has won several awards, including the Patient Advocacy Award from the American Academy of Pain Management; the Outstanding Educator Award from Cleveland Clinic's Orthopaedic Residency Training Program; and two Medal of Merit Awards from the Ohio University College of Osteopathic Medicine. Dr. Biscup currently is the senior examiner for the American Osteopathic Board of Orthopedic Surgery and remains an active member of the American Osteopathic Association, American Medical Association and the

ATRI • 429 Loch Devon Dr. • Lutz, FL 33548 • 866-go2-ATRI (866-462-2874) • Fax: 561-828-8150 • www.atri.org • atri@atri.org

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North American Spine Society. He formerly served as the orthopedic consultant for the Cleveland Indians and as a clinical professor in orthopedic surgery at the Ohio University College of Osteopathic Medicine.

A cum laude graduate from Hiram College with a Bachelor of Arts degree and Departmental Honors in Chemistry, Dr. Biscup also earned a Master's of Science in Health Sciences Education at Case Western Reserve University and completed his medical degree at the Ohio University College of Osteopathic Medicine.

Validation from Dr. Biscup: The majority of my patients are in the pool one week after back surgery starting their rehabilitation program in addition to starting physical therapy. This accelerates recovery allowing faster return to normal daily activities, work, and recreational sports. Patients of all ages are swinging a golf club four to six week after back surgery! Whether an injury or surgery, exercise and rehabilitation is vital to successful recovery. Aquatics is an important key to this recovery.

Join us June 26-30 in Sanibel, Florida

Schedule at a Glance

Tuesday, June 26

6:00 - 8:00 am	Continental Breakfast
7:30 am - 4:45 pm	Symposium Courses
11:30 am - 1:30 pm	Lunch
4:30 - 6:30 pm	Dinner
5:30 - 6:00 pm	Welcome/Orientation
6:30 - 7:30 pm	Symposium Courses

Wednesday, June 27

6:00 - 8:00 am	Continental Breakfast
7:30 am - 12:00 pm	Symposium Courses
11:30 am - 1:30 pm	Lunch
12:30 - 4:45 pm	Symposium Courses
5:30 pm	Awards Celebration Dinner

Thursday, June 28

6:00 - 8:00 am	Continental Breakfast
7:30 - 11:45 am	Symposium Courses
11:30 am - 1:30 pm	Lunch • Exhibit Hall/Gathering Place
	Grand Opening
1:30 - 5:45 pm	Symposium Courses
5:30 - 7:30 pm	Dinner • Exhibit Hall/Gathering Place
	Open
7:30 - 8:30 pm	Symposium Courses

Friday, June 29

6:30 - 8:30 am	Continental Breakfast
8:00 - 11:15 am	Symposium Courses
11:00 am - 1:00 pm	Lunch • Exhibit Hall/Gathering Place
	Open
12:00 pm	Keynote by Dr. Robert S. Biscup
1:00 - 5:15 pm	Symposium Courses
5:00 - 7:00 pm	Dinner • Exhibit Hall/Gathering Place
	Grand Finale and Pool Equipment
	Distribution
7:00 - 8:00 pm	Symposium Courses

Saturday, June 30

7:30 - 9:30 am	Networking Breakfast
8:00 am - 12:00 pm	Practice Sessions
8:30 am	ATRIC Exam (separate fee)

**Plan your Symposium Arrival
and Departure Times!**

ATRI Awards Celebration Dinner on Wednesday

The 2012 ATRI Aquatic Therapy Awards Celebration Dinner will take place on Wednesday evening. Please join us as we honor the winners of this year's Aquatic Therapy Professional Award, Tsunami Spirit Award, and Dolphin Award!

Complete Conference Registrants:

**This is Your Chance to Win a
FREE Registration for any 2012 or 2013
ATRI Conference! We'll Draw the
Winner at the Awards Celebration...
You Must be Present to Win!**

**Award Descriptions and Nomination
Forms are Available at www.atri.org.
The Nomination Deadline for
all Awards is April 2nd.**

Register Now!

**Be one of the First 50 People to
Register for the Symposium and
Receive a Free Gift from:**

Discovery Trekking
www.discoverytrekking.com



2010 Symposium Award Winners (L to R): Tsunami Spirit Award Winners Beth Scalone, Barbara Batson - accepting for Steve Bergstrom of AquaJogger, Aquatic Therapy Professional Award Winner Terri Mitchell, Dolphin Award Winners Sally Brindle and Linda Scott.

Join the ATRI elist!

- *Explore Topics*
- *Ask Questions*
- *Share Ideas*
- *Post Job Searches*
- *Connect with Others in Your Field*

It's Free!
Check it out at www.atri.org

Tuesday/Wednesday Course Schedule

The Symposium offers courses from 1 hour to 8 hours in length and everything in between. Please read times to avoid overlap in your schedule. All courses combine lecture and pool lab, except where noted as Classroom Only, Pool Only or Land Workshop.

For Detailed Course Descriptions, please go to www.atri.org

Course Numbers

1000 - Beginner
2000 - Intermediate
3000 - Advanced

Tuesday, June 26 • 8-Hour Full-Day Courses • 7:30 am-4:30 pm • 8 credit hours

1200 - Intro. to Aquatic Therapy and Rehab - Ruth Sova, MS, ATRIC - This Course is Recommended for All Those New to Aquatic Therapy!

1621 - Introduction to AquaStretch™ Technique - Beth Scalone, PT, DPT, OCS, ATRIC

2227 - Low Back Pain Dysfunction - Terri Mitchell, BA, PTA, ATRIC

Tuesday • 4-Hour Morning Courses • 7:30-11:30 am • 4 credit hours

1900 - Risk Awareness and Safety Training Certification - Mary Wykle, PhD, ATRIC

2235 - Pediatric Strategies for Developmental Reflexes - Julia Fettig, CTRS, CMT, ATRIC

Tuesday • 2-Hour Morning Courses • 7:30-9:30 am • 2 credit hours

1624 - Chair Repair: Exercise Strategies for Seated Occupations - Laurie Denomme, B.Kinesiology

2220 - Return to Running/Walking after Injury - Melissa Lewis, MPT, ATRIC

2324 - Hip Strategies - Connie Jasinskas, MSc - Land Workshop

Tuesday • 2-Hour Morning Courses • 9:45-11:45 am • 2 credit hours

1605 - Cervical Treatment Techniques - Connie Jasinskas, MSc - Classroom Only

2226 - Treatment for the Complex Medical Patient - Mary Rosenberg, PT, DPT - Classroom Only

2616 - Feldenkrais® for Neck and Shoulders - Debbie Ashton, MS, ATRIC - Land Workshop

Tuesday • 4-Hour Afternoon Courses • 12:30-4:30 pm • 4 credit hours

2219 - Pediatric Handling Techniques - Dori Maxon, PT, MEd

2617 - Floating Feldenkrais® - Debbie Ashton, MS, ATRIC

Tuesday • 2-Hour Afternoon Courses • 12:30-2:30 pm • 2 credit hours

1028 - Calming Fearful Patients - Belinda Stillwell, PhD

1219 - MS Treatment Options - Carolyn Sprehe, BS, ATRIC

2902 - Water Chemistry: Solving Problems and Infection Control - Kevin Tucker, BS, CPO - Classroom Only

Tuesday • 2-Hour Afternoon Courses • 2:45-4:45 pm • 2 credit hours

1613 - Pain-Free Movement Techniques - Maria Sykorova-Pritz, EdD

2228 - Fall Prevention - Melissa Lewis, MPT, ATRIC

2903 - Pool Safety - Applying the Basics - Kevin Tucker, BS, CPO - Classroom Only

Tuesday • 1-Hour Evening Courses • 6:30-7:30 pm • 1 credit hour

1210 - Using Watsu® to Break Pain Cycles - Ann Wieser, PhD - Pool Only

1214 - Aging Fitness - Mie Tsutsui, ATRIC - Pool Only

1607 - Ai Chi - Flowing Aquatic Energy - Ruth Sova, MS, ATRIC - Pool Only

1619 - Tai Chi for Arthritis - Donna Adler, BA, ATRIC - Land Workshop

1905 - Privacy Issues in Therapeutic Aquatics - Sue Grosse, MS - Classroom Only

2239 - Post-Traumatic Stress Disorder - Mary Wykle, PhD, ATRIC - Land Workshop

2312 - Lumbar Stabilization: How to Achieve a Balanced Core - Beth Scalone, PT, DPT, OCS, ATRIC - Classroom Only

2330 - Integrated Core Training - Laurie Denomme, B.Kinesiology - Land Workshop

Wednesday, June 27 • 8-Hour Full-Day Courses • 7:30 am-4:30 pm • 8 credit hours

3303 - Advanced Lumbar Stabilization - Beth Scalone, PT, DPT, OCS, ATRIC

3607 - Fluid Neuromuscular Movements - Julia Fettig, CTRS, CMT, ATRIC

Wednesday • 4-Hour Morning Courses • 7:30-11:30 am • 4 credit hours

1622 - AquaStretch™ and the IT Pump - Donna Adler, BA, ATRIC

2224 - Lymphedema and Breast Cancer Treatment Techniques - Connie Jasinskas, MSc (Repeated on Friday as 3-hour course)

2240 - Rehab for Injured Warriors and Athletes - Mary Wykle, PhD, ATRIC

2514 - Ortho/Neuro Treatment Progressions - Laurie Denomme, B.Kinesiology

Wednesday • 2-Hour Morning Courses • 7:30-9:30 am • 2 credit hours

1606 - Release Through Movement - Gilad Naaman, MEd - Land Workshop

2813 - Self-Healing for the Aquatic Professional - Sheralee Beebe, BA, MES - Classroom Only

Wednesday • 2-Hour Morning Courses • 9:45-11:45 am • 2 credit hours

1220 - Pediatrics: An Integrated Approach - Sue Grosse, MS - Classroom Only

2618 - Feldenkrais® - Fluid Moves for the Pelvis - Debbie Ashton, MS, ATRIC - Land Workshop

Wednesday (cont'd)/Thursday Course Schedule

Wednesday • 4-Hour Afternoon Courses • 12:30-4:30 pm • 4 credit hours

2214 - Pediatric Early Intervention - Dori Maxon, PT, MEd

2628 - AquaStretch™ and 3-Dimensional Exercise for the Lower Extremity - Laurie Denomme, B.Kinesiology

3309 - Upper Quadrant Techniques - Terri Mitchell, BA, PTA, ATRIC

Wednesday • 2-Hour Afternoon Courses • 12:30-2:30 pm • 2 credit hours

1813 - BASIC (Building Aquatic Skills Independence and Confidence) - Pia Francis, PTA, Cert. Ed., ATRIC

2233 - Youth Fitness Programming for Overweight Children - Helen Binkley, PhD, ATC, CSCS*D, NSCA-CPT*D, FNCSA, ATRIC

2806 - Documentation and Reimbursement - Brenda Klass, PhD, MFT, DACFE - Classroom Only

Wednesday • 2-Hour Afternoon Courses • 2:45-4:45 pm • 2 credit hours

2203 - Integrated Balance - Donna Adler, BA, ATRIC

2506 - Parkinson's and Dystonia Techniques - Maryanne Haggerty, MS

2812 - Stress Management - Sheralee Beebe, BA, MES - Classroom Only

Thursday, June 28 • 4-Hour Morning Courses • 7:30-11:30 am • 4 credit hours

2217 - Sports Rehab - Maryanne Haggerty, MS

2315 - Vertical and Seated Hip and Back Protocols - Ruth Sova, MS, ATRIC

2620 - Modalities for Spasticity - Julia Fettig, CTRS, CMT, ATRIC

2631 - AquaStretch™ for Wellness and Chronic Pain - Connie Jasinskas, MSc

Thursday • 2-Hour Morning Courses • 7:30-9:30 am • 2 credit hours

1228 - Programming for Hypotonic Babies - Eevaliisa Anttila, PT, MBA

1229 - Rhythmic Movement and Aquatics - Mary DeGrenier, CTRS, ATRIC; Isabel Balmaseda, MEd, ABT, LAc - Land Workshop (Repeated on Friday)

2019 - Evidence-Based Practice - Beth Scalone, PT, DPT, OCS, ATRIC - Classroom Only

2300 - Lumbar Stabilization for Spinal Fusions - Mary Wykle, PhD, ATRIC

Thursday • 2-Hour Morning Courses • 9:45-11:45 am • 2 credit hours

1304 - Pre-Op Program for Back Patients - Eevaliisa Anttila, PT, MBA

1812 - Continuum of Care - Barbara Batson, AS - Classroom Only

2021 - Assessment Methodology for Therapeutic Aquatics - Sue Grosse, MS

2901 - Policies and Procedures - Brenda Klass, PhD, MFT, DACFE - Classroom Only

Thursday • 4-Hour Afternoon Courses • 1:30-5:30 pm • 4 credit hours

2313 - Orthopedic Progressions - Maryanne Haggerty, MS

2333 - Lumbopelvic Stabilization Protocol - Jason Adames, DPT

2629 - Introduction to Aquatic Osteopathy Concepts - Michael Dufresne, BA, DO

2630 - AquaStretch™: Intuition and Accentuation - Jessica Huss, PT, DPT, CCI

Thursday • 2-Hour Afternoon Courses • 1:30-3:30 pm • 2 credit hours

1217 - Therapeutic Noodle Progressions - Maria Sykorova-Pritz, EdD

1804 - Grant Writing - Sue Grosse, MS - Classroom Only

2206 - Arthritis: Improving Form and Function - Connie Jasinskas, MSc

2805 - Marketing on a Shoestring Budget - Ruth Sova, MS, ATRIC - Classroom Only

Thursday • 2-Hour Afternoon Courses • 3:45-5:45 pm • 2 credit hours

1615 - Flowing Reflexology - Sheralee Beebe, BA, MES

1623 - Pilates Principles for Balance, Posture, and Core Strength - Anne Pringle Burnell, AEA, ACE, AFAA

2621 - Early Childhood Movement - Gilad Naaman, MEd - Land Workshop

2808 - Risk Management and Professional Liability - Brenda Klass, PhD, MFT, DACFE - Classroom Only

Thursday • 1-Hour Evening Courses • 7:30-8:30 pm • 1 credit hour

1211 - Nekkoodle® for Therapy and Exercise - Julia Fettig, CTRS, CMT, ATRIC - Pool Only

1302 - Trunk-Centered Sit-to-Stand Skills - Maryanne Haggerty, MS - Land Workshop

1803 - Publish! - Sue Grosse, MS - Classroom Only

2003 - Battle Against Metabolic Syndrome - Eduardo Netto, MS - Classroom Only

2325 - Lumbar Stabilization: How to Achieve a Balanced Core - Beth Scalone, PT, DPT, OCS, ATRIC - Pool Only

2334 - Ortho Manual Techniques - Terri Mitchell, BA, PTA, ATRIC - Land Workshop

2616 - Feldenkrais® for Neck and Shoulders - Debbie Ashton, MS, ATRIC - Land Workshop

2623 - QiGong - Yoshiken Tanaka, ATRIC - Pool Only

“For anyone who has not taken any of the classes offered through ATRI, I highly recommend them. Each instructor was unique in her method of teaching and all kept it interesting. It was well worth the money spent!” – Kristin Walker, PTA

Friday Course Schedule

Friday, June 29 • 7-Hour Full-Day Courses • 8:00 am-5:00 pm (2-hour lunch break) • 7 credit hours

2632 - AquaStretch™ for Ortho Therapy and Wellness - Terri Mitchell, BA, PTA, ATRIC
 3601 - Intro. to Spinal Manipulation Techniques - Michael Dufresne, BA, DO

Friday • 3-Hour Morning Courses • 8:00-11:00 am • 3 credit hours

2215 - Mobility and Developmental Gait in Children - Dori Maxon, PT, MEd
 2224 - Lymphedema and Breast Cancer Treatment Techniques - Connie Jasinskas, MSc (Repeat)
 2236 - Mobilization in the Water - Julia Fettig, CTRS, CMT, ATRIC
 2309 - Trigger Point Patterns for Back Pain - Shinzo Fujimaki, CMT

Friday • 90-minute Morning Courses • 8:00-9:30 am • 1.5 credit hours

1805 - Using Equipment to Facilitate Movement - Sue Grosse, MS - Classroom Only
 2230 - Strength/Endurance for Balance, Stabilization, ROM - Maryanne Haggerty, MS - Land Workshop

Friday • 90-minute Morning Courses • 9:45-11:15 am • 1.5 credit hours

1209 - Swimming for the Severely Challenged Child - Vicki Hames-Frazier, AS - Classroom Only
 2237 - Core Authority - Eduardo Netto, MS - Classroom Only

Friday • 4-Hour Afternoon Courses • 1:00-5:00 pm • 4 credit hours

2606 - Ai Chi Balance and Trunk Stabilization - Ruth Sova, MS, ATRIC
 2614 - Halliwick Method: Applications for Individuals with Orthopedic Conditions - Sue Grosse, MS

Friday • 2-Hour Afternoon Courses • 1:00-3:00 pm • 2 credit hours

1502 - Therapeutic Water Walking for Post-Stroke - Ann Wieser, PhD
 2010 - Research Forum - June Chewing, MA - Classroom Only
 2234 - Plyometrics and Jump Training - Helen Binkley, PhD, ATC, CSCS*D, NSCA-CPT*D, FNCSA, ATRIC
 2321 - Post-Rehab for the Spine - Connie Jasinskas, MSc - Classroom Only

Friday • 2-Hour Afternoon Courses • 3:15-5:15 pm • 2 credit hours

1218 - Pool Pediatrics - Carolyn Sprehe, BS, ATRIC
 1229 - Rhythmic Movement and Aquatics - Mary DeGrenier, CTRS, ATRIC; Isabel Balmaseda, MEd, ABT, LAc - Land Workshop (Repeat)
 2310 - Trigger Point Patterns for Cervical Pain - Shinzo Fujimaki, CMT
 2814 - Positional Cueing - Julia Fettig, CTRS, CMT, ATRIC - Classroom Only

Friday • 1-Hour Evening Courses • 7:00-8:00 pm • 1 credit hour

1208 - Pediatrics H₂O - Julia Fettig, CTRS, CMT, ATRIC - Classroom Only
 1609 - Tai Chi Arthritis - Bonnie Hopps, AS - Land Workshop
 1625 - The Body Says YES to AquaStretch - Laurie Denomme, B.Kinesiology - Pool Only
 1809 - ATRI Certification QuickPrep - Ruth Sova, MS, ATRIC - Classroom Only
 2002 - Myths and Misconceptions about Flexibility Training - Eduardo Netto, MS - Classroom Only
 2223 - Progressive Balance Activities - Melissa Lewis, MPT, ATRIC - Pool Only
 2238 - Balance: Specificity in Reducing Fall Risk - Beth Scalone, PT, DPT, OCS, ATRIC - Classroom Only
 2612 - Ai Chi Meridians - Jun Konno, ATRIC - Pool Only

Saturday, June 30 • Networking Breakfast • Hands-on Practice Sessions A Great Way to Top Off Your Symposium Experience!

Networking Breakfast • 7:30-9:30 am

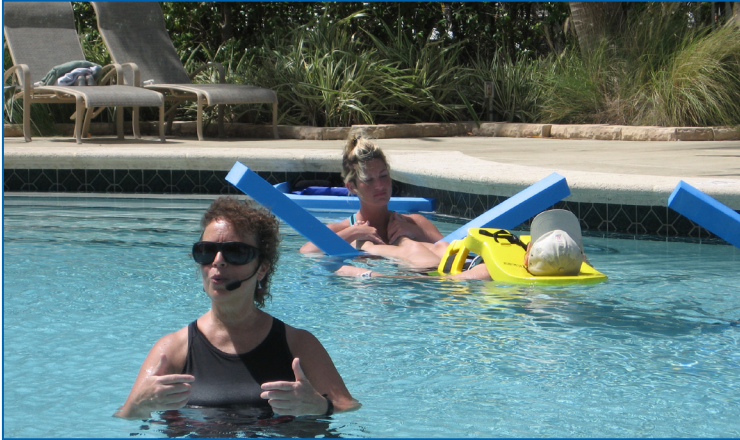
ATRI will have networking tables for those who want to 'talk topics'. There won't be a moderator – just each of you sharing ideas. Don't see a topic? Make your own! This is all YOU!

Hands-on Practice Sessions • 8:00 am-12:00 pm

You saw (or heard about) some of these techniques and concepts – now take time to practice them. Practice Sessions are just that – all hands-on performing and observing. Get small-group time to improve your hands-on skills.

Land 8:00-9:00 am	Feldenkrais®	Debbie Ashton, MS, ATRIC
Land 8:00-9:00 am	Autism: Facilitating Focus and Engagement	Sue Grosse, MS
Land 9:00-10:00 am	Shiatsu	Shinzo Fujimaki, CMT
Land 10:00-11:00 am	Reflexology	Sheralee Beebe, BA, MES
Pool 8:00-9:00 am	Spine – Lumbar and Cervical.....	Beth Scalone, PT, DPT, OCS, ATRIC
Pool 9:00-10:00 am	Ortho	Terri Mitchell, BA, PTA, ATRIC
Pool 10:00-11:00 am	Massage.....	Julia Fettig, CTRS, CMT, ATRIC
Pool 11:00 am-12 pm	AquaStretch™ and Flotation Techniques for People in Pain	Connie Jasinskas, MSc

Symposium Course Information



Symposium Faculty

Jason Adames, DPT
Donna Adler, BA, ATRIC
Eevaliisa Anttila, PT, MBA
Debbie Ashton, MS, ATRIC
Isabel Balmaseda, MEd, ABT, LAc
Barbara Batson, AS
Sheralee Beebe, BA, MES
Helen Binkley, PhD, ATC, CSCS*D,
NSCA-CPT*D, FNCSA, ATRIC
Anne Pringle Burnell, AEA, ACE, AFAA
June Chewning, MA
Mary DeGrenier, CTRS, ATRIC
Laurie Denomme, B. Kinesiology
Michael Dufresne, BA, DO
Julia Fettig, CTRS, CMT, ATRIC
Pia Francis, PTA, Cert. Ed., ATRIC
Shinzo Fujimaki, CMT
Susan J. Grosse, MS
Maryanne Haggerty, MS
Vicki Hames-Frazier, AS
Bonnie Hopps, AS
Jessica Huss, PT, DPT, CCI
Connie Jasinkas, MSc
Brenda Klass, PhD, MFT, DACFE
Jun Konno, ATRIC
Melissa Lewis, MPT, ATRIC
Dori Maxon, PT, MEd
Terri Mitchell, BA, PTA, ATRIC
Gilad Naaman, MEd
Eduardo Netto, MS
Mary Rosenberg, PT, DPT
Beth Scalone, PT, DPT, OCS, ATRIC
Ruth Sova, MS, ATRIC
Carolyn Sprehe, BS, ATRIC
Belinda Stillwell, PhD
Maria Sykorova-Pritz, EdD
Yoshiken Tanaka, ATRIC
Mie Tsutsui, ATRIC
Kevin Tucker, BS, CPO
Ann Wieser, PhD
Mary Wykle, PhD, ATRIC

ATRI Aquatic Therapeutic Exercise Certification Exam

Saturday, June 30 • 9:00 am (Registration 8:30 am)

The ATRI Aquatic Therapeutic Exercise Certification Exam is for competent, knowledgeable professionals in aquatic therapy, rehab and therapeutic exercise. The exam will test your ability to meet the Aquatic Therapy and Rehabilitation Industry Standards to practice. The Standards are available on the ATRI website and can be downloaded free of charge at <http://www.atri.org/stflyer.htm>. The certification will allow you to use the term "ATRI Certified" or the initials "ATRIC" after your name. The certification will not make you a therapist if you aren't already one. Please go to www.atri.org for more information, click on Certification Information. Online Exam is also available! The Intro. to Aquatic Therapy and Rehab course (#1200 offered on Tuesday from 7:30 am-4:30 pm) is an excellent preparatory course for the exam.

**Position Yourself for the Future...
Learn New Techniques and
Protocols for Success!**



ATRI Membership 2012

Dues: \$45
Covers Membership from
January 1 - December 31, 2012
(Dues are \$45 whenever you join)

"Members Rule!" Benefits:

- Early Bird Discounts
- Aqua MarketPlace Discounts
- Research Updates
- Exclusive Aquatic Therapy Articles

How to Join:

- Join online at www.atri.org or call us at 866-go2-ATRI (866-462-2874)

Hotel & Travel Arrangements



Resort Headquarters • Sanibel Harbour Marriott Resort & Spa, Sanibel/Fort Myers, FL

The Sanibel Harbour Marriott Resort & Spa is a luxurious tropical escape where 85 acres of coastal scenery welcome you. Overlooking Sanibel and Captiva Islands on Florida's Southwest Gulf Coast, Sanibel Harbour Marriott Resort & Spa was named among the "Top 10 Spa Resorts in the US" by *Conde Nast Traveler*. Swimming, kayaking, tennis, golf, and a world-class fitness center are all part of the resort experience. Explore acclaimed angling from the resort's own fishing pier or catch a glimpse of dolphins from a memorable cruise with *Destination Watersports*. Family programs include "Dive-In Movies", Sun Sport Rentals, Catamaran & Yacht Tours, plus other special events.

Sanibel Harbour Marriott Resort & Spa Details

Guest rooms feature private balconies, signature robes, hair dryers, custom-blended bath amenities, iron/ironing boards, coffee makers, mini-bars or refrigerators, voicemail, data port, high-speed Internet access, in-room safe, non-smoking rooms, and handicapped accessible rooms.

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Avis Worldwide Discount (AWD) number:
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Directions

If you are traveling by air, Southwest Florida International Airport (RSW) is conveniently located in Fort Myers, FL. The Resort is approximately 30 minutes from the airport. Driving directions to the Resort will be in your Confirmation Materials.

To Get From the Airport to the Hotel

Fares are generally around \$40-50 for one to three people (all prices subject to change). MBA Taxi Service - 239-482-2777
Shuttle Services: Apple: 800-852-7027 or 239-482-1200 /
Majestic: 800-833-4473 or 239-489-4473.

Parking

The hotel provides free self parking for all Symposium attendees and \$10/night valet parking - this is a special rate for ATRI attendees.

Symposium Headquarters • Overnight Accommodations

Sanibel Harbour Marriott Resort & Spa

17260 Harbour Pointe Drive
Fort Myers, FL 33908

Reservations Only: (800) 767-7777 or click on the

Reservations link at www.atri.org

Hotel Switchboard: (239) 466-4000

Guest Fax: (239) 466-2150

www.sanibel-resort.com

**Book Your Hotel Room by June 8th
to Secure Your Room and \$125 Rate!
Call 1-800-767-7777**

Hotel Rates

- Special Symposium rate: **\$125 single/double** (plus tax - subject to change) until June 8th. The rate includes a Daily Benefits Fee which provides the following special resort services:
 - Unlimited access to the world-class Spa facilities
 - Full use of the fitness center
 - Unlimited hours of clay tennis court time
 - Unlimited in-room access to high-speed wired or wireless Internet service
 - No additional fee for "1-800" numbers
 - Newspaper delivered to your guest room
 - Coffee in your guest room
 - Turndown service upon request
 - Shuttle transportation to selected Sanibel area attractions
 - Trolley transportation around the resort complex
 - Admittance to any of the more than 30 exercise classes offered weekly.
- **Please note:** When you make your reservation, you will receive an **email confirmation from the hotel**. This is auto-generated and **will include the \$15/day Resort Fee**. This **fee will be waived** when you are charged for your stay.
- Reservations will be confirmed by credit card guarantee. All major credit cards will be accepted.
- When making your reservation, please identify yourself as an Aquatic Therapy & Rehab Institute attendee to receive the special discounted rates.
- **Discounted room rates are good for three days before and after the Symposium, based on availability. These reservations MUST be made by telephone. The online reservation system will not recognize these dates.**
- **Reservation Deadline:** Cut-off date for room reservations is **June 8, 2012**. After the cut-off date, and/or once the room block has been filled, reservations will be confirmed on a space and rate available basis.
- Check-in time is 4:00 pm. Guests arriving before 4:00 pm will be accommodated as rooms become available. Check-out time is 11:00 am.
- **ATRI is not responsible for making or paying for your room reservations or overnight arrangements.**
- **Hotel Cancellation policy:** Guaranteed rooms will be held for night of arrival only. For any guaranteed reservations that result in a "no show", one night's room and tax charge will be billed to the individual. Payments for cancelled reservations will be refunded if the Resort is notified at least seven (7) days prior to the guest's scheduled arrival date.

Symposium 2012 Registration Details

Symposium Registration

Your Complete Conference Registration includes:

- Choice of ALL Symposium courses, 1-hour to 8-hour courses throughout
- All Meals - Continental Breakfast, Lunch and Dinner, Tuesday through Friday, and Breakfast on Saturday
- Program Proceedings CD including all Symposium course handouts
- Nationally Recognized Continuing Education Hours
- Admission to Exhibit Hall/Gathering Place with Prizes given regularly
- Wednesday Awards Celebration Dinner
- Your Chance to Win a Free Registration to any ATRI Conference in 2012 or 2013
- Saturday Networking Breakfast and Practice Sessions

A separate fee is required for...

- Aquatic Therapeutic Exercise Certification Exam

Continuing Education Hours

Numerous therapy and aquatics-related organizations accept ATRI courses and award credit as appropriate. Specific information will be available at the Symposium. All attendees will receive a Continuing Education Credit/Unit Record Sheet as proof of attendance. You may use the proof of attendance and the course descriptions and biographies from the ATRI website (www.atri.org) to obtain credit. ATRI always provides attendees with any additional information they need to obtain credit. The following organizations routinely approve the Symposium for continuing education hours:

- American Kinesiotherapy Association (AKTA)
- American Therapeutic Recreation Association (ATRA)
- Aquatic Exercise Association, Inc. (AEA)
- Board of Certification (BOC) for Natl. Athletic Trainers Assn.
- Florida Board of Massage Therapy
- Florida Board of Occupational Therapy
- Florida Physical Therapy Association
- Physical Therapy Board of California
- DC Dept. of Health Regulation & Licensing Administration
- Illinois Department of Financial and Professional Regulation
- Texas Board of Physical Therapy Examiners
- Many state Physical Therapy and Occupational Therapy organizations require pre-approval of conference courses. If you are in need of PT or OT CEU approval, please check with your state PT or OT organization to determine their requirements. Every state is different and ATRI does not automatically obtain PT or OT continuing education pre-approval for all states because the cost is prohibitive. Each therapist must follow the guidelines given by his/her state PT or OT organization for approval. **Please email Angie Fischer with any questions – afischer@atri.org.**

Unbeatable Exhibit Hall/Gathering Place

Our exhibitors are ready to show you the latest in useful, innovative products to increase your results and boost your profits. You'll find health and medical products, books, CDs and DVDs, plus a spectacular assortment of the latest fitness apparel. Test new products. Take advantage of Symposium discounts! The ATRI Exhibit Hall is called "The Gathering Place" so everyone knows where to meet, visit and learn during exhibit times. There will be round tables to facilitate networking, enjoy meals, and we'll also have educational and entertaining programs interspersed during the exhibit time.

Pool Equipment Sales

The Symposium is your place to buy pool equipment! Demonstration equipment will be available to buy at discount prices! Take advantage of these special bargains!

Choosing Your Symposium Courses

Choose your Symposium courses by completing the Course Selection Sheets on **pages 12-15**. Cross-reference the course descriptions online at www.atri.org as you make your choices. Begin by selecting all of your first choices, then make second choices in case courses are filled. If it's important that you get into a particular course, your first choice schedule might include pool participation for that course, while your second choice could be the same course, but taking notes from the deck. Your days at the Symposium will be very full. Balance your schedule to allow time for meals, networking and rest.

Confirmation

You will receive your confirmation via e-mail (be sure atri.org is accepted by your server) once your registration and payment have been processed. Let us know if you don't have your confirmation within two weeks after your registration. **Please Note: Your Symposium Registration must be paid in full before your registration will be processed.**

Make your Room Reservations Now!

Be sure to book your room at the Sanibel Harbour Marriott Resort & Spa IMMEDIATELY to secure ATRI room rates! The Resort provides you with a beautiful, relaxing location at the center of Symposium courses and activities. **Book EARLY! Call 1-800-767-7777 by June 8th! Room rate is not guaranteed after that date and availability is not guaranteed after our block of rooms is filled!**

Looking for a Roommate?

Would you like to share the cost of your overnight room with another attendee? We will provide a list of those who would like to share a room. If you would like to be on and receive this list, complete the roommate information on the registration form. **Note that we are not responsible for finding you a roommate or for making your reservation.** We supply the names, you make the choice. We encourage you to make hotel reservations even if you have requested a roommate. Until your plans are final, it is in your best interest to secure a room.

**Book Your Hotel Room by June 8th
to Secure Your Room and \$125 Rate!
Call 1-800-767-7777**

Volunteers Always Needed

ATRI is always looking for fired-up volunteers, ready to work with us on-site at the Symposium. You'll receive a discounted registration fee as our thanks! If interested, please send an e-mail to mjvicari@atri.org or call toll free, 866-go2-atr (866-462-2874).

What to Wear

Florida in June... it will be hot and quite humid. Average daily temperatures will be in the 90s with a nice ocean breeze, of course! Two of the three pools we will be using are outdoors. Be sure to bring sun block and appropriate hats, etc. Our Symposium is always casual. Dress in layers as meeting rooms are air conditioned and although we make every effort to offer rooms with comfortable temperatures, it's wise to have a sweatshirt or jacket with you at all times, especially when coming from the pool. Please take a cover-up for over swimwear and plan to wear it or other appropriate attire over swimsuits in hotel lobby, meetings rooms and general public areas.

Your Tuition is Tax Deductible

All expenses of continuing education, including registration fees, travel and lodging, taken to maintain or improve professional skills are tax deductible for US residents, subject to the limitations set forth by the Internal Revenue Service.

2012 Symposium Registration Form

Four Ways to Register!

ONLINE... Register online at www.atri.org • **ATRI Members Receive Great Discounts!**

FAX... Fax Registration Form, Course Selection Sheets and Credit Card Number to **561-828-8150**.

MAIL... Mail Registration Form, Course Selection Sheets and Payment (payable to ATRI) to:
ATRI, 429 Loch Devon Dr., Lutz, FL 33548.

PHONE... Have your credit card ready and Course Selection Sheets completed, and call toll free **866-462-2874**.

1) Registrant Information

Name _____ Circle: _____ Male/Female _____ Discipline _____

Name as you prefer on your name badge _____

Workplace Name (needed only if we are mailing to your workplace address) _____

Mailing Address _____

City _____ State _____ Zip _____ Country _____

Home Phone () _____ Work Phone () _____ Fax () _____

E-Mail Address _____ Emergency Contact/Phone () _____

Do you require handicap assistance to participate in this event? Yes No Type of assistance: _____

How did you hear about us? ATRI Website ATRI Mailing ATRI eList/Bulletin Board Word-of-Mouth

Internet Search Engine: _____ Advertisement - Publication Name: _____

2) Roommate Listing

Check the box at left to be added to the Roommate List.

We will send you a list of others who would like to share a room. We are not responsible for finding you a roommate or for making your hotel reservation. We supply the names, you make the choice. We encourage you to make reservations even if you have requested a roommate.

Circle: Male OR Female

3) Conference Registration

Complete Conference Registration Includes:

- a) Choice of ALL Symposium courses, 1-hour to 8-hour courses throughout
- b) All Meals - Continental Breakfast, Lunch and Dinner, Tuesday through Friday, Breakfast on Saturday (Please see Meal Information below)
- c) Your Chance to Win a Free Registration to any ATRI Conference in 2012 or 2013
- d) Program Proceedings CD including all Symposium course handouts
- e) Nationally Recognized Continuing Education Hours
- f) Admission to Exhibit Hall/Gathering Place with Prizes given regularly
- g) Wednesday Awards Celebration Dinner
- h) Saturday Networking Breakfast and Hands-on Practice Sessions

Become a Member of ATRI for just \$45 and Save!

Covers Membership from January 1 - December 31, 2012 (Dues are \$45 whenever you join)

"Members Rule!" Benefits:

Early Bird Discounts

Aqua MarketPlace Discounts

Research Updates

Exclusive Aquatic Therapy Articles

**Register by
Mother's Day -
May 13th
and Save!**

Group Discounts Available!

Groups of 3 or more can call ATRI at 866-462-2874 for possible Group Discounts.

Meal Information: Meals are basic – nothing fancy and no special requests – but they'll be quick and free. There is no discount for not eating them.

2012 Symposium Registration Form (cont'd)

Your Name _____

4) Complete Course Selection Sheet

(Pages 12-15) **Registrations can not be Processed without completed Course Selection Sheets.**

5) Membership - \$45 (Optional)

See Benefits List at left.

6) ATRI Certification Exam (Separate Fee)

The ATRI Certification Exam is optional.

_____ \$255 - Saturday, June 30 - 8:30 am

7) Registration Fees

Complete Conference Registration

(Includes All Tuesday through Friday Symposium Courses and All Meals, and Saturday Breakfast and Practice Sessions)

	ATRI Member	Non-Member
Paid BY Early Bird Discount Deadline of Mother's Day (May 13)	\$995	\$1125
Paid AFTER Early Bird Discount Deadline	\$1095	\$1225
Reduced From	\$1225	\$1325

OR

Pay-By-Day Registration (includes three meals) \$395/day

Pay-Per-Course Registration

If you are unavailable for the full Symposium, there is a limited amount of space available on a pay-per-course basis. Pay-per-course registrations are processed AFTER the Early Bird deadline of May 13th. Call ATRI for prices and to register - 866-go2-atr (866-462-2874). No online registration available. You must call ATRI to register via Pay-Per-Course.

**Register by Mother's Day -
May 13th and Save!**

Figure Your Fees...(Circle your fees/Enter Total at bottom)

\$ 45 ATRI Membership (Optional) Covers membership from Jan. 1-Dec. 31, 2012, no matter when you sign up

\$ _____ Registration Fee - Enter Appropriate Fee - See #7 Registration Fees Above

\$ 255 ATRI On-Site Certification Exam Fee (Optional)

\$ _____ Total

8) Payment (Payable to ATRI) - Your Registration must be paid in full in order to process your Course Selection. You will not receive any Confirmation Materials until your Registration is paid in full. (If you are using the Payment Plan, you will receive your Confirmation Materials right away, but they will show a balance due until paid in full.) Thank you.

• Sorry, we do not accept Purchase Orders

Check or Money Order # _____

Credit Card (circle one): MasterCard VISA Discover American Express

Credit Card Number: _____

Expiration Date: _____ 3 or 4-Digit Code on Card: _____

Name as it appears on Card (Print): _____

Billing Address of Cardholder:

Street Address _____

City, State, Zip, Country _____

Cardholder's Signature: _____

Cancellation Policy:

Cancellations must be sent in writing. Your registration fee may be transferred to another ATRI conference or you may transfer your registration to another person. A \$50 fee paid by check or credit card is required for all transfers. Transfers are one-time only and must be used within one year of the date of the conference you are transferring from. If you are cancelling completely, you must cancel 30 days prior to the conference. Your registration fee, minus a \$75 processing fee, will be refunded after the conference. There are no refunds for no-shows or for those not meeting the 30-day deadline.

**Ask About our
Payment Plan!**

Course Selection Sheet Directions

KEY
L = Lecture
LW = Land Workshop
P = Pool (to be in the water)
D = Deck (to sit on deck)

- Sign up for as many courses as you wish by circling the appropriate letter (see key at right).
- **PLEASE BE SURE COURSE TIMES DO NOT OVERLAP.**
- The courses are described at www.atri.org. Click on **June 26-30 - Sanibel, FL**. You will see the schedule of courses listed. Click on any underlined course for a complete description. More information is also available on **pages 4-7** of this brochure.
- **Saturday Sessions:** No need to sign up, just show up. See page 6 for the complete schedule of practice sessions.
- **Courses are filled in the order in which Registrations are received - you must include:**
 - **Completed Registration Form (pages 10-11)**
 - **Completed Course Selection Sheets (pages 13-15)**
 - **Full Payment**
- Courses are grouped according to time periods for each day. Many course times overlap. Please make your 1st and 2nd choices with that in mind.
- Begin by filling in your 1st choices for each day, then your second choices. We hope to be able to fill your 1st choices, but you should also make 2nd choices. If you do not make a 2nd choice and your 1st choice is full, you will not be registered for any course during that time frame. (Note: 2nd choice selection not available online).
- If there is a course that you really want, your first choice might be pool space for that course and your second choice might be deck space for that same course, giving you the best chance of getting into the course.
- **SEE SAMPLE COURSE SELECTION SHEET BELOW.**
Please read the times of the courses carefully.
You will not circle a choice in every time block because course times overlap.
(E.g.) If you choose a course that runs for an eight-hour time block as a first choice, do not choose courses in shorter time frames as first choices that would overlap the first course selected. If you do not think you will be attending during certain time frames, **please indicate NA** next to that time frame so we understand you would prefer to pass it up.

For Detailed Course Descriptions, please go to www.atri.org

FOUR WAYS TO REGISTER...

- Register ONLINE at www.atri.org
- FAX your Course Selection Sheets with your Registration Form and Payment to 561-828-8150.
- MAIL your Course Selection Sheets, Registration Form, and Payment to ATRI, 429 Loch Devon Dr., Lutz, FL 33548.
- Have your credit card ready and Course Selection Sheets completed, and CALL toll free 866-go2-ATRI (866-462-2874).

Sample Course Selection Sheet

Course Title	Time	Course #	1st Choice	2nd Choice
Sample Workshop	7:30 am -- 11:30 am	SAMPLE	(P) or D	P or D
Sample Workshop	7:30 am -- 11:30 am	SAMPLE	P or D	P or D
Sample Workshop	7:30 am -- 11:30 am	SAMPLE	P or D	P or D
Sample Workshop	7:30 am -- 9:30 am	SAMPLE	P or D	(P) or D
Sample Workshop	7:30 am -- 9:30 am	SAMPLE	P or D	P or D
Sample Workshop	9:45 am -- 11:45 am	SAMPLE	P or D	P or D
Sample Workshop	9:45 am -- 11:45 am	SAMPLE	P or D	(P) or D
Sample Lecture	9:45 am -- 11:45 am	SAMPLE	L	L
Sample Workshop	12:30 pm -- 4:30 pm	SAMPLE	(P) or D	P or D
Sample Workshop	12:30 am -- 4:30 pm	SAMPLE	P or D	P or D
Sample Workshop	12:30 am -- 4:30 pm	SAMPLE	P or D	P or D

SAMPLE Course Selection Sheet

Discounted Pool Equipment!!!

Pool Equipment Used at this Event will be Sold at a Discount!

Reserve Yours Early and Pick It Up in the Exhibit Hall on Friday Evening between 5:00-7:00 pm!

Course Selection Sheet 2012...Begin Making Your Selections Here...

Registrant's Name _____

Page 1 of 3

Course Title	Time	Course#	1st Choice	2nd Choice
--------------	------	---------	------------	------------

Tuesday Courses • June 26 • 8-Hour Full-Day Courses

Intro. to Aquatic Therapy and Rehab	7:30 am -- 4:30 pm	1200	P or D	P or D
Introduction to AquaStretch™ Technique	7:30 am -- 4:30 pm	1621	P or D	P or D
Low Back Pain Dysfunction	7:30 am -- 4:30 pm	2227	P or D	P or D

Begin by selecting your 1st choice of courses for each day, then go back and make your 2nd choices

Tuesday Morning Courses • June 26 • 4-Hour Courses

Risk Awareness and Safety Training Certification	7:30 am -- 11:30 am	1900	P or D	P or D
Pediatric Strategies for Developmental Reflexes	7:30 am -- 11:30 am	2235	P or D	P or D

Tuesday Morning Courses • June 26 • 2-Hour Courses

Chair Repair: Ex. Strategies for Seated Occupations	7:30 am -- 9:30 am	1624	P or D	P or D
Return to Running/Walking after Injury	7:30 am -- 9:30 am	2220	P or D	P or D
Hip Strategies	7:30 am -- 9:30 am	2324	LW	LW
Cervical Treatment Techniques	9:45 am -- 11:45 am	1605	L	L
Treatment for the Complex Medical Patient	9:45 am -- 11:45 am	2226	L	L
Feldenkrais® for Neck and Shoulders	9:45 am -- 11:45 am	2616	LW	LW

If you select a 4-hour course in the morning, you may choose another 4-hour course in the afternoon or two 2-hour courses

Tuesday Afternoon Courses • June 26 • 4-Hour Courses

Pediatric Handling Techniques	12:30 pm -- 4:30 pm	2219	P or D	P or D
Floating Feldenkrais®	12:30 pm -- 4:30 pm	2617	P or D	P or D

Tuesday Afternoon Courses • June 26 • 2-Hour Courses

Calming Fearful Patients	12:30 pm -- 2:30 pm	1028	P or D	P or D
MS Treatment Options	12:30 pm -- 2:30 pm	1219	P or D	P or D
Water Chemistry-Solving Problems/Infection Control	12:30 pm -- 2:30 pm	2902	L	L
Pain-Free Movement Techniques	2:45 pm -- 4:45 pm	1613	P or D	P or D
Fall Prevention	2:45 pm -- 4:45 pm	2228	P or D	P or D
Pool Safety-Applying the Basics	2:45 pm -- 4:45 pm	2903	L	L

Tuesday Evening Courses • June 26 • 1-Hour Courses

Using Watsu® to Break Pain Cycles (Pool Only)	6:30 pm -- 7:30 pm	1210	P or D	P or D
Aging Fitness (Pool Only)	6:30 pm -- 7:30 pm	1214	P or D	P or D
Ai Chi - Flowing Aquatic Energy (Pool Only)	6:30 pm -- 7:30 pm	1607	P or D	P or D
Tai Chi for Arthritis	6:30 pm -- 7:30 pm	1619	LW	LW
Privacy Issues in Therapeutic Aquatics	6:30 pm -- 7:30 pm	1905	L	L
Post-Traumatic Stress Disorder	6:30 pm -- 7:30 pm	2239	LW	LW
Lumbar Stabilization-How to Achieve Balanced Core	6:30 pm -- 7:30 pm	2312	L	L
Integrated Core Training	6:30 pm -- 7:30 pm	2330	LW	LW

READ times to avoid overlap in your schedule!

1-Hour Courses

Wednesday Courses • June 27 • 8-Hour Full-Day Courses

Advanced Lumbar Stabilization	7:30 am -- 4:30 pm	3303	P or D	P or D
Fluid Neuromuscular Movements	7:30 am -- 4:30 pm	3607	P or D	P or D

8-Hour Courses

Wednesday Morning Courses • June 27 • 4-Hour Courses

AquaStretch™ and the IT Pump	7:30 am -- 11:30 am	1622	P or D	P or D
Lymphedema and Breast Cancer Treatment Tech.	7:30 am -- 11:30 am	2224	P or D	P or D
Rehab for Injured Warriors and Athletes	7:30 am -- 11:30 am	2240	P or D	P or D
Ortho/Neuro Treatment Progressions	7:30 am -- 11:30 am	2514	P or D	P or D

4-Hour Courses

Registrant's Name _____

READ times to avoid overlap in your schedule!
2-Hour Courses

Course Title	Time	Course#	1st Choice	2nd Choice
Wednesday Morning Courses • June 27 • 2-hour Courses				
Release Through Movement	7:30 am -- 9:30 am	1606	LW	LW
Self-Healing for the Aquatic Professional	7:30 am -- 9:30 am	2813	L	L
Pediatrics: An Integrated Approach	9:45 am -- 11:45 am	1220	L	L
Feldenkrais®: Fluid Moves for the Pelvis	9:45 am -- 11:45 am	2618	LW	LW

Wednesday Afternoon Courses • June 27 • 4-hour Courses

Pediatric Early Intervention	12:30 pm -- 4:30 pm	2214	P or D	P or D
AquaStretch™ & 3-D Exercise for Lower Extremity	12:30 pm -- 4:30 pm	2628	P or D	P or D
Upper Quadrant Techniques	12:30 pm -- 4:30 pm	3309	P or D	P or D

4-Hour Courses

Wednesday Afternoon Courses • June 27 • 2-hour Courses

Building Aquatic Skills Independence & Confidence	12:30 pm -- 2:30 pm	1813	P or D	P or D
Youth Fitness Programming for Overweight Children	12:30 pm -- 2:30 pm	2233	P or D	P or D
Documentation and Reimbursement	12:30 pm -- 2:30 pm	2806	L	L
Integrated Balance	2:45 pm -- 4:45 pm	2203	P or D	P or D
Parkinson's and Dystonia Techniques	2:45 pm -- 4:45 pm	2506	P or D	P or D
Stress Management	2:45 pm -- 4:45 pm	2812	L	L
Awards Celebration Dinner - Please circle "Yes" if you plan to attend...			Yes	

Pay Attention to times of courses. Some are shorter. Some are longer. Avoid overlap!

Thursday Morning Courses • June 28 • 4-hour Courses

Sports Rehab	7:30 am -- 11:30 am	2217	P or D	P or D
Vertical and Seated Hip and Back Protocols	7:30 am -- 11:30 am	2315	P or D	P or D
Modalities for Spasticity	7:30 am -- 11:30 am	2620	P or D	P or D
AquaStretch™ for Wellness and Chronic Pain	7:30 am -- 11:30 am	2631	P or D	P or D

4-Hour Courses

Thursday Morning Courses • June 28 • 2-hour Courses

Programming for Hypotonic Babies	7:30 am -- 9:30 am	1228	P or D	P or D
Rhythmic Movement and Aquatics	7:30 am -- 9:30 am	1229	LW	LW
Evidence-Based Practice	7:30 am -- 9:30 am	2019	L	L
Lumbar Stabilization for Spinal Fusions	7:30 am -- 9:30 am	2300	P or D	P or D
Pre-Op Program for Back Patients	9:45 am -- 11:45 am	1304	P or D	P or D
Continuum of Care	9:45 am -- 11:45 am	1812	L	L
Assessment Methodology for Therapeutic Aquatics	9:45 am -- 11:45 am	2021	P or D	P or D
Policies and Procedures	9:45 am -- 11:45 am	2901	L	L

2-Hour Courses

Thursday Afternoon Courses • June 28 • 4-hour Courses

Orthopedic Progressions	1:30 pm -- 5:30 pm	2313	P or D	P or D
Lumbopelvic Stabilization Protocol	1:30 pm -- 5:30 pm	2333	P or D	P or D
Introduction to Aquatic Osteopathy Concepts	1:30 pm -- 5:30 pm	2629	P or D	P or D
AquaStretch™: Intuition and Accentuation	1:30 pm -- 5:30 pm	2630	P or D	P or D

4-Hour Courses

Thursday Afternoon Courses • June 28 • 2-hour Courses

Therapeutic Noodle Progressions	1:30 pm -- 3:30 pm	1217	P or D	P or D
Grant Writing	1:30 pm -- 3:30 pm	1804	L	L
Arthritis: Improving Form and Function	1:30 pm -- 3:30 pm	2206	P or D	P or D
Marketing on a Shoestring Budget	1:30 pm -- 3:30 pm	2805	L	L
Flowing Reflexology	3:45 pm -- 5:45 pm	1615	P or D	P or D
Pilates Principles for Balance/Posture/Core Strength	3:45 pm -- 5:45 pm	1623	P or D	P or D
Early Childhood Movement	3:45 pm -- 5:45 pm	2621	LW	LW
Risk Management and Professional Liability	3:45 pm -- 5:45 pm	2808	L	L

2-Hour Courses

Registrant's Name _____

Course Title	Time	Course#	1st Choice	2nd Choice
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Thursday Evening Courses • June 28 • 1-hour Courses

Nekdoodle® for Therapy and Exercise (Pool Only)	7:30 pm -- 8:30 pm	1211	P or D	P or D
Trunk-Centered Sit-to-Stand Skills	7:30 pm -- 8:30 pm	1302	LW	LW
Publish!	7:30 pm -- 8:30 pm	1803	L	L
Battle Against Metabolic Syndrome	7:30 pm -- 8:30 pm	2003	L	L
Lumbar Stb.: Achieve a Balanced Core (Pool Only)	7:30 pm -- 8:30 pm	2325	P or D	P or D
Ortho Manual Techniques	7:30 pm -- 8:30 pm	2334	LW	LW
Feldenkrais® for Neck and Shoulders	7:30 pm -- 8:30 pm	2616	LW	LW
QiGong (Pool Only)	7:30 pm -- 8:30 pm	2623	P or D	P or D

READ times to avoid overlap in your schedule!

1-Hour Courses

Friday Courses • June 29 • 7-hour Full-Day Courses

AquaStretch™ for Ortho Therapy and Wellness	8:00 am -- 5:00 pm	2632	P or D	P or D
Intro. to Spinal Manipulation Techniques	8:00 am -- 5:00 pm	3601	P or D	P or D

7-Hour Courses

Friday Morning Courses • June 29 • 3-hour Courses

Mobility and Developmental Gait in Children	8:00 am -- 11:00 am	2215	P or D	P or D
Lymphedema/Breast Cancer Treatment Tech. (repeat)	8:00 am -- 11:00 am	2224	P or D	P or D
Mobilization in the Water	8:00 am -- 11:00 am	2236	P or D	P or D
Trigger Points Patterns for Back Pain	8:00 am -- 11:00 am	2309	P or D	P or D

3-Hour Courses

Friday Morning Courses • June 29 • 90-minute Courses

Using Equipment to Facilitate Movement	8:00 am -- 9:30 am	1805	L	L
Strength/Endurance for Balance/Stabilization/ROM	8:00 am -- 9:30 am	2230	LW	LW
Swimming for the Severely Challenged Child	9:45 am -- 11:15 am	1209	L	L
Core Authority	9:45 am -- 11:15 am	2237	L	L

90-minute Courses

Friday Afternoon Courses • June 29 • 4-hour Courses

Ai Chi Balance and Trunk Stabilization	1:00 pm -- 5:00 pm	2606	P or D	P or D
Halliwick Method: Apps for Orthopedic Conditions	1:00 pm -- 5:00 pm	2614	P or D	P or D

4-Hour Courses

Friday Afternoon Courses • June 29 • 2-hour Courses

Therapeutic Water Walking for Post-Stroke	1:00 pm -- 3:00 pm	1502	P or D	P or D
Research Forum	1:00 pm -- 3:00 pm	2010	L	L
Plyometrics and Jump Training	1:00 pm -- 3:00 pm	2234	P or D	P or D
Post-Rehab for the Spine	1:00 pm -- 3:00 pm	2321	L	L
Pool Pediatrics	3:15 pm -- 5:15 pm	1218	P or D	P or D
Rhythmic Movement and Aquatics (repeat)	3:15 pm -- 5:15 pm	1229	LW	LW
Trigger Point Patterns for Cervical Pain	3:15 pm -- 5:15 pm	2310	P or D	P or D
Positional Cueing	3:15 pm -- 5:15 pm	2814	L	L

2-Hour Courses

Friday Evening Courses • June 29 • 1-hour Courses

Pediatrics and H ₂ O	7:00 pm -- 8:00 pm	1208	L	L
Tai Chi Arthritis	7:00 pm -- 8:00 pm	1609	LW	LW
The Body Says YES to AquaStretch (Pool Only)	7:00 pm -- 8:00 pm	1625	P or D	P or D
ATRI Certification QuickPrep	7:00 pm -- 8:00 pm	1809	L	L
Myths and Misconceptions about Flexibility Training	7:00 pm -- 8:00 pm	2002	L	L
Progressive Balance Activities (Pool Only)	7:00 pm -- 8:00 pm	2223	P or D	P or D
Balance: Specificity in Reducing Fall Risk	7:00 pm -- 8:00 pm	2238	L	L
Ai Chi Meridians (Pool Only)	7:00 pm -- 8:00 pm	2612	P or D	P or D

1-Hour Courses



Aquatic Therapy & Rehab Institute

429 Loch Devon Dr
Lutz, FL 33548-4282

**Register by Mother's Day and Save!
Become a Member of ATRI and Save!**

PRESORTED
STANDARD
U.S. POSTAGE
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PERMIT #1
MANASOTA FL

**International Aquatic Therapy
Symposium • June 26-30, 2012
Sanibel, Florida, USA**

Aquatic Therapy & Rehab Institute
Toll Free: 866-go2-ATRI (866-462-2874)
Email: atri@atri.org
Web: www.atri.org

The Symposium Offers You:

- New techniques and protocols for success!
- Speakers, who are specifically chosen for three important qualities: their teaching, facilitating and mentoring abilities!
- We listened to you! Courses from 1 hour to 8 hours in length throughout!



"Where Education is Never Dry"

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