

INTERNATIONAL AQUATIC THERAPY SYMPOSIUM

JUNE 28-JULY 2, 2014

SANIBEL HARBOUR MARRIOTT RESORT & SPA · SANIBEL, FL



CELEBRATING 20 YEARS OF HEALING IN THE WATER



INSTITUTE

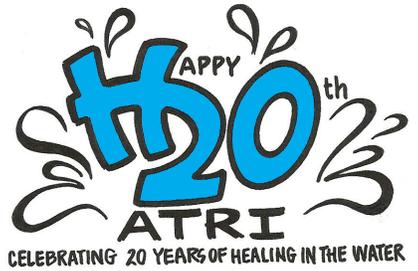


**This Event Sells Out!
Register Today!**

WORLD'S LARGEST MULTIDISCIPLINARY AQUATIC THERAPY EVENT!

Contact ATRI: 866-go2-ATRI (866-462-2874) • atri@atri.org • www.atri.org

Welcome to our 20th Symposium!



“This was perfect for my needs as a PT brand new to aquatics wanting to get an overview and a sampling of different techniques and applications. I enjoyed the lab and lecture and know I can immediately use what I learned to benefit my patients.” – Heather Sarratt, PT



Symposium Keynote Speaker

As an accomplished physical therapist and academician for over 35 years, **Dr. Luis G. Vargas, PhD, PT, ATRIC**, is a national and internationally renowned expert in aquatic rehabilitation and the author of two books, as well as primary investigator in multiple research studies.

Dr. Vargas' professional history is highlighted by a number of clinical and administrative positions. He has chaired eight academic physical therapy programs at all levels and served as consultant both nationally and internationally at several colleges and universities. Dr. Vargas formulated the Diagnostic Aquatics Systems Integration Theory and is credited as creator of the Cardiaquatics Protocol, the Clinical Wassertanzen Protocol, the Adapted Pediatric Wassertanzen Protocol, the Aquatic Spasticity Inhibition Protocol (ASIP), the Aquatic Pain Inhibition Protocol (APIP), the Aquatic Lumbopelvic Stabilization (ALSP) Protocol, the Aquatic Sacroiliac Dysfunction Protocol (ASID), the Aquatic Lumbopelvic Stabilization Protocol (ALSP), and the Therapeutic Aquassage Protocol.

Dr. Vargas has spoken in several countries including Brazil, Costa Rica, Argentina, Mexico, Korea, Spain, the Dominican Republic and Puerto Rico, as well as throughout the United States. He is credited with introducing aquatic rehabilitation in Mexico, Costa Rica and Puerto Rico.

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Dr. Vargas completed several research studies and is the author of two Aquatic Therapy books: *Aquatic Therapy: Interventions and Applications*, and *Diagnostic Aquatics Systems Integration: Specialized Interventions*.

He received the Dolphin Award (2000) and Aquatic Therapy Professional of the Year Award (2004) from ATRI. The APTA honored him with the Ruoti Award for Excellence in Scholarship (2008) and the Leadership Award (2011) for service as Vice President of the Aquatic Physical Therapy Section, Component Delegate to the House of Delegates and Federal Affairs Liaison.



Join us June 28-July 2 in Sanibel, Florida

Schedule at a Glance

Saturday, June 28

6:30 - 8:30 am	Continental Breakfast
7:30 am - 4:45 pm	Symposium Courses
11:30 am - 1:30 pm	Lunch
4:30 - 6:30 pm	Dinner
5:00 - 5:30 pm	Welcome/Orientation
6:30 - 7:30 pm	Symposium Courses

Sunday, June 29

6:30 - 8:30 am	Continental Breakfast
7:30 - 11:45 am	Symposium Courses
11:00 am - 1:00 pm	Lunch
12:30 - 4:45 pm	Symposium Courses
5:30 pm	Awards Celebration Dinner

Monday, June 30

6:30 - 8:30 am	Continental Breakfast
7:30 am - 5:45 pm	Symposium Courses
11:30 am - 1:30 pm	Lunch • Exhibit Hall/Gathering Place
	Grand Opening
12:00 pm	Keynote by: Dr. Luis G. Vargas, PhD, PT, ATRIC
5:30 - 7:30 pm	Dinner • Exhibit Hall/Gathering Place
	Open
7:30 - 8:30 pm	Symposium Courses

Tuesday, July 1

7:00 - 9:00 am	Continental Breakfast
8:00 - 11:00 am	Symposium Courses
11:00 am - 1:00 pm	Lunch • Exhibit Hall/Gathering Place
	Open
1:00 - 5:15 pm	Symposium Courses
5:00 - 7:00 pm	Dinner • Exhibit Hall/Gathering Place
	Grand Finale and Pool Equipment Distribution
7:00 - 8:00 pm	Symposium Courses

Wednesday, July 2

7:30 - 9:30 am	Networking Breakfast
8:00 - 11:00 am	Practice Sessions
8:30 am	ATRIC Exam (separate fee)

**Plan your Symposium Arrival
and Departure Times!**

ATRI Awards Celebration Dinner on Sunday Evening

The 2014 ATRI Aquatic Therapy Awards Celebration Dinner will take place on Sunday evening. Please join us as we honor the winners of this year's Aquatic Therapy Professional Award, Tsunami Spirit Award, and Dolphin Award!

**Award Descriptions and Nomination Forms are Available at www.atri.org.
The Nomination Deadline for all Awards is April 1st.**

**Complete Conference Registrants:
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FREE Registration for any 2014 or 2015
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Winner at the Awards Celebration...
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2012 Symposium Award Winners: (Front Row - L to R): Tsunami Spirit Award Winners Kevin Tucker and Donna Adler, Aquatic Therapy Professional Award Winner Beth Scalone, Dolphin Award Winner Jim Kelsey. (Back Row - L to R): Dolphin Award Winners Helen Michels, Mary Kay Fenske, Barb Dickmann.

Join the ATRI eList!

- Explore Topics
- Ask Questions
- Share Ideas
- Post Job Searches
- Connect with Others in Your Field

It's Free! Check it out at atri.org

Saturday/Sunday Course Schedule

The Symposium offers courses from 1 hour to 8 hours in length and everything in between. Please read times to avoid overlap in your schedule.
All courses combine lecture and pool lab, except where noted as Lecture Only, Pool Only or Land Workshop.

For Detailed Course Descriptions, please go to www.atri.org

<p>Saturday, June 28 • 8-Hour Full-Day Courses • 7:30 am-4:30 pm • 8 credit hours 1200 - Intro. to Aquatic Therapy and Rehab - Ruth Sova, MS, ATRIC - This Course is Recommended for All Those New to Aquatic Therapy! 2240 - Rehab for Injured Warriors and Athletes - Mary Wykle, PhD, ATRIC; Terri Mitchell, BA, PTA, ATRIC 3308 - Orthopedic Progressions - Beth Scalone, PT, DPT, OCS, ATRIC</p>	<p>Course Numbers 1000 - Beginner 2000 - Intermediate 3000 - Advanced</p>
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Saturday • 4-Hour Morning Courses • 7:30-11:30 am • 4 credit hours
1624 - Stop Seated Stress with Integrated Core Training - Laurie Denomme, B.Kinesiology
2512 - Parkinson's Disease: Improving Functional Mobility - Mary Rosenberg, PT, DPT, ATRIC

Saturday • 2-Hour Morning Courses • 7:30-9:30 am • 2 credit hours
1618 - Watsu® Experiential - Mary Essert, BA, ATRIC; Ruth Meyer, MEd, RKT, ATRIC
1622 - Chair and Seated Exercise Adaptations - Anne Pringle Burnell, AS - Land Workshop
2625 - The Burdenko Method: Rehab of Common Orthopedic and Sports Injuries - Joe Carroll, PT, DPT, SCS

Saturday • 2-Hour Morning Courses • 9:45-11:45 am • 2 credit hours
1505 - Sensory Integrated Imagery - Maria Sykorova Pritz, EdD - Land Workshop
2616 - Feldenkrais® for Neck and Shoulders - Debbie Ashton, MS, ATRIC - Land Workshop
2810 - Documentation for Aquatic Therapy - Anita Davis, PT, DPT, DAAPM - Lecture Only

Saturday • 4-Hour Afternoon Courses • 12:30-4:30 pm • 4 credit hours
1321 - UE Strengthening Techniques - Lori Templeman, BA
1504 - Therapeutic Interventions for Ataxia and Related Disorders - Sue Grosse, MS

Saturday • 2-Hour Afternoon Courses • 12:30-2:30 pm • 2 credit hours
1021 - Amputee Options and Outcomes - Mary Essert, BA, ATRIC - Lecture Only
1028 - Calming Fearful Patients - Belinda Stillwell, PhD
1217 - Therapeutic Noodle Progressions - Maria Sykorova Pritz, EdD

Saturday • 2-Hour Afternoon Courses • 2:45-4:45 pm • 2 credit hours
1215 - AquaFlow for Mothers-to-Be - Eevaliisa Anttila, PT, MBA
1317 - Chronic Conditions - Donna Adler, BA, ATRIC - Land Workshop
1507 - Muscle and Mind Mixes - Katrien Lemahieu, MSEN

Saturday • 1-Hour Evening Courses • 6:30-7:30 pm • 1 credit hour
1211 - Nekdoodle Progressions with Flotation - Donna Adler, BA, ATRIC - Pool Only
1234 - Russian Pediatric Programs - Tatiana Maximova, MPT - Pool Only
1604 - Self-Aqua Therapy YU-GA - Mari Fujita, ATRIC - Pool Only
1609 - Tai Chi Arthritis - Bonnie Hopps, AS - Land Workshop
1619 - Feldenkrais® Basics - Debbie Ashton, MS, ATRIC - Land Workshop
2012 - Weight Management - Ruth Meyer, MEd, RKT, ATRIC - Lecture Only
2234 - A New Approach to Abdominal Exercises - Eduardo Netto, MS - Lecture Only
2608 - Functional Cervical Maneuvers - Douglas Gil, MS, PT - Lecture Only

Sunday, June 29 • 4-Hour Morning Courses • 7:30-11:30 am • 4 credit hours
1221 - European Pediatric Interventions - Eevaliisa Anttila, PT, MBA; Tatiana Maximova, MPT
1615 - Ai Chi World - Jun Konno, ATRIC
1621 - AquaStretch™ Basics - Donna Adler, BA, ATRIC; Terri Mitchell, BA, PTA, ATRIC
2219 - Balance and Core Strength - Connie Jasinskas, MSc
2327 - Trunk-Centered Movement - Maryanne Haggerty, MS
2501 - Stroke Rehabilitation - Beth Scalone, PT, DPT, OCS, ATRIC

Sunday • 2-Hour Morning Courses • 7:30-9:30 am • 2 credit hours
1017 - Gender Differences in Back Pain - Jim Kelsey, KT, ATRIC - Lecture Only
2011 - Developing a Treatment Plan for Complex Conditions - Anita Davis, PT, DPT, DAAPM - Lecture Only

Sunday • 2-Hour Morning Courses • 9:45-11:45 am • 2 credit hours
2236 - Aging Alive: Training the Baby Boomer - Eduardo Netto, MS - Lecture Only
2326 - Innovative Exercises for the Hip - Laurie Denomme, B.Kinesiology - Land Workshop

Sunday (cont'd) / Monday Course Schedule

Sunday • 4-Hour Afternoon Courses • 12:30-4:30 pm • 4 credit hours

- 1214 - Aging Well - Steph Toogood, AS
- 1220 - Pediatrics: An Integrated Approach - Sue Grosse, MS
- 2310 - Trigger Point Patterns for Cervical and Thoracic Pain - Shinzo Fujimaki, CMT
- 2320 - Preventing Knee Meniscus Surgery - Lynda Huey, MS
- 2803 - Business Panel - Moderators: Mick Nelson, BS, MS; Sue Nelson, BS, ATRIC - **Lecture Only** with Robert Frampton, MPT, DHCE (Ethics); Lynette Jamison, MOT, OTR/L (Policies and Procedures); Beth Scalone, PT, DPT, OCS, ATRIC (Documentation/Reimbursement)

Sunday • 2-Hour Afternoon Courses • 12:30-2:30 pm • 2 credit hours

- 1320 - Magical Ortho Modifications and Progressions - Katrien Lemahieu, MSEN
- 2611 - LBP and the Pilates Concept - Johanne Audy-LeBlond, BA-Kinesiology - **Land Workshop**
- 2612 - Ai Chi Integrative - Patty Henry-Schneider, MS, LPC

Sunday • 2-Hour Afternoon Courses • 2:45-4:45 pm • 2 credit hours

- 1617 - Adapting Ai Chi to Support Individuals with Morbid Obesity - donna Mooneyham, MAEd, CTRS/LRT
- 1626 - Feldenkrais® for the Low Back - Debbie Ashton, MS, ATRIC - **Land Workshop**
- 2233 - Joint Hypermobility Syndrome - Lynda Keane, BSc

Register by Mother's Day - May 11th and Save!

Monday, June 30 • 4-Hour Morning Courses • 7:30-11:30 am • 4 credit hours

- 1319 - Post-Rehab Core-Centered Stability Progressions - Lori Templeman, BA
- 2230 - ROM, Stabilization, Balance for Endurance and Strength - Maryanne Haggerty, MS
- 2242 - Improving Outcomes for Chronic Pain Patients - Anita Davis, PT, DPT, DAAPM
- 2622 - Supine Muscle Re-Education - Terri Mitchell, BA, PTA, ATRIC

Monday • 2-Hour Morning Courses • 7:30-9:30 am • 2 credit hours

- 1207 - Treatment of Chronic Pain and Addiction - Mary Wykle, PhD, ATRIC - **Lecture Only**
- 1227 - Autism Spectrum of Disorders - Carolyn Sprehe, BS, ATRIC
- 2007 - Diabetes and Exercise Q&A - Eduardo Netto, MS - **Lecture Only**
- 2633 - Intermediate AquaStretch™ for Lower Extremity - Donna Adler, BA, ATRIC

Monday • 2-Hour Morning Courses • 9:45-11:45 am • 2 credit hours

- 1222 - Autism Spectrum of Disorders: Specialized Therapeutic Aquatics - Sue Grosse, MS - **Lecture Only**
- 1508 - Spinal Injury Techniques - Adam Wilson, MS, CTRS
- 2239 - Low Back Pain Treatment Tips - Douglas Gil, MS, PT - **Lecture Only**
- 2628 - Intermediate AquaStretch™ Pro for the Hip - Laurie Denomme, B.Kinesiology

Monday • 4-Hour Afternoon Courses • 1:30-5:30 pm • 4 credit hours

- 1004 - Addressing Secondary Issues in Rehab - Anita Davis, PT, DPT, DAAPM
- 2237 - Dynamic Joint Mobility Drills - Steph Toogood, AS
- 2328 - ACL Rehab - Beth Scalone, PT, DPT, OCS, ATRIC
- 2805 - Professional Development Panel - Moderators: Mick Nelson, BS, MS; Sue Nelson, BS, ATRIC - **Lecture Only** with Barb Batson, AS (Careers); Sue Grosse, MS (NIH Toolbox); Connie Jasinskas, MSc (Essential Client Information)
- 3604 - Pilates Plank Challenges - Anne Pringle Burnell, AS

Monday • 2-Hour Afternoon Courses • 1:30-3:30 pm • 2 credit hours

- 1502 - Therapeutic Water Walking for Post-Stroke - Ann Wieser, PhD - **Lecture Only**
- 2634 - Intermediate AquaStretch™ for Pediatrics/Neurological Issues - Donna Adler, BA, ATRIC
- 2639 - Intermediate AquaStretch™ for Upper Extremity - Terri Mitchell, BA, PTA, ATRIC

Monday • 2-Hour Afternoon Courses • 3:45-5:45 pm • 2 credit hours

- 1605 - Child's Play the Therapy Way - Rosemary Herlong, MS, LRT/CTRS
- 2010 - Research Panel - Ellen Broach, PhD, CTRS, ATRIC - **Lecture Only**
- 2635 - Intermediate AquaStretch™ for Frozen Shoulder - Connie Jasinskas, MSc

Monday • 1-Hour Evening Courses • 7:30-8:30 pm • 1 credit hour

- 1005 - Taking Laughter Seriously - Connie Jasinskas, MSc - **Lecture Only**
- 1008 - Facilitating Positive Emotions as a Health-Related Outcome - Ellen Broach, PhD, CTRS, ATRIC - **Lecture Only**
- 1210 - Diamond Hard Drills for Function - Steph Toogood, AS; Eevaliisa Anttila, PT, MBA; Katrien Lemahieu, MSEN; Tatiana Maximova, MPT; Maria Sykorova Pritz, EdD; Lori Templeman, BA - **Pool Only**
- 1216 - HydroRider Applications for Aquatic Therapy - Maryanne Haggerty, MS - **Pool Only**
- 1305 - Stabilization from the Feet - Akiko Yui, ATRIC - **Pool Only**
- 2003 - Ten Common Mistakes When Trying to Lose Weight - Eduardo Netto, MS - **Lecture Only**
- 2229 - Brazilian Athletic Interventions - Douglas Gil, MS, PT - **Lecture Only**

Tuesday Course Schedule

"I learned so much and this whole experience of attending ATRI for the first time will stick with me – it was ALL memorable and I can't wait to attend again." – Judy Feary, PTA

Tuesday, July 1 • 3-Hour Morning Courses • 8:00-11:00 am • 3 credit hours

- 2226 - Using Water to Treat Lymphedema - Lynette Jamison, MOT, OTR/L
- 2243 - Muscular Dystrophy Across the Spectrum - Bridget Reardon, MPT, ATRIC
- 2325 - Gait, Balance, Proprioception and Coordination - Johanne Audy-LeBlond, BA-Kinesiology
- 2604 - The Burdenko Method - Igor Burdenko, PhD
- 2811 - Rehab and Beyond: Self-Determination to Continue - Teri Todd, PhD
- 2904 - Safety Panel - Moderators: Mick Nelson, BS, MS; Sue Nelson, BS, ATRIC - **Lecture Only** with David Berry, PhD, AT, ATC, ATRIC (Emergency Action Plan); Mary Wyke, PhD, ATRIC (Risk Awareness/Safety Training)
- 3208 - Treatment for the Complex Medical Patient - Mary Rosenberg, PT, DPT, ATRIC - **Lecture Only**
- 3601 - Clinical Wassertanzen Part I - Luis Vargas, PhD, PT, ATRIC; Flavia Bayron, PT, MPA, ATRIC

Register by Mother's Day - May 11th and Save!

Tuesday • 4-Hour Afternoon Courses • 1:00-5:00 pm • 4 credit hours

- 2216 - Athletic Rehab Concepts for Community Populations - Mary Rosenberg, PT, DPT, ATRIC
- 2309 - Trigger Point Patterns for Lumbar Pain - Shinzo Fujimaki, CMT
- 2607 - Ai Chi for Scoliosis and Multi-Level Fusion - Mary Wyke, PhD, ATRIC
- 2638 - Intentional Sequencing - Donna Adler, BA, ATRIC

Tuesday • 2-Hour Afternoon Courses • 1:00-3:00 pm • 2 credit hours

- 1209 - Aquatic Therapy for Disabled Children - Vicki Hames-Frazier, AS - **Lecture Only**
- 1226 - Using Watsu® for Children with Severe/Profound Disabilities - Ann Wieser, PhD
- 2224 - Breast Cancer Treatment Techniques - Connie Jasinkas, MSc
- 2311 - Orthopedic Functional Progressions - Maryanne Haggerty, MS - **Land Workshop**

Tuesday • 2-Hour Afternoon Courses • 3:15-5:15 pm • 2 credit hours

- 1623 - Pilates Principles for Posture, Balance, and Core Strength - Anne Pringle Burnell, AS
- 1809 - ATRI Certification QuickPrep - Ruth Sova, MS, ATRIC - **Lecture Only**
- 2225 - Pain Progressions and Progress - Connie Jasinkas, MSc; Terri Mitchell, BA, PTA, ATRIC - **Land Workshop**
- 2513 - Engage Your Brain: Enhanced Therapeutics - Sue Grosse, MS

Tuesday • 1-Hour Evening Courses • 7:00-8:00 pm • 1 credit hour

- 1201 - Core Stabilization and Strengthening - Maryanne Haggerty, MS; Terri Mitchell, BA, PTA, ATRIC - **Pool Only**
- 1205 - Pool Techniques for People in Pain - Connie Jasinkas, MSc; Mary Rosenberg, PT, DPT, ATRIC - **Pool Only**
- 1313 - Balance Training for Land and Water - Laurie Denomme, B.Kinesiology; Mary Wykle, PhD, ATRIC - **Land Workshop**
- 2206 - Training Agility for All Levels - Donna Adler, BA, ATRIC; Beth Scalone, PT, DPT, OCS, ATRIC - **Land Workshop**
- 3602 - Clinical Wassertanzen Part II - Luis Vargas, PhD, PT, ATRIC; Flavia Bayron, PT, MPA, ATRIC - **Pool Only**

Wednesday, July 2 • Networking Breakfast • Hands-on Practice Sessions A Great Way to Top Off Your Symposium Experience!

Networking Breakfast • 7:30-9:30 am

ATRI will have networking tables for those who want to 'talk topics'. There won't be a moderator – just each of you sharing ideas. Don't see a topic? Make your own! This is all YOU!

Hands-on Practice Sessions • 8:00-11:00 am

You saw (or heard about) some of these techniques and concepts – now take time to practice them. Practice Sessions are just that – all hands-on performing and observing. Get small-group time to improve your hands-on skills.

Land 8:00-9:00 am **Body Alignment / Awareness: The SykorovaSynchro Method** Maria Sykorova Pritz, EdD
Land 9:00-10:00 am **Building/Managing a Pool - Ask the Experts** Mick Nelson, BS, MS
Sue Nelson, BS, ATRIC

Pool 8:00-9:00 am **PiYoChi for Lumbar Stability** Mary Wykle, PhD, ATRIC
Pool 9:00-10:00 am **3D Stabilization** Beth Scalone, PT, DPT, OCS, ATRIC
Pool 10:00-11:00 am **Warrior Drills** Terri Mitchell, BA, PTA, ATRIC

Symposium Course Information

ATRI's International Faculty

Representing 8 Countries, including:

Brazil
Canada
Finland
Japan
The Netherlands
Russia
UK
USA

Donna Adler, BA, ATRIC
Eevaliisa Anttila, PT, MBA
Debbie Ashton, MS, ATRIC
Johanne Audy-LeBlond, BA-Kinesiology
Barbara Batson, AS
Flavia Bayron, PT, MPA, ATRIC
David Berry, PhD, AT, ATC, ATRIC
Ellen Broach, PhD, CTRS, ATRIC
Igor Burdenko, PhD
Joe Carroll, PT, DPT, SCS
Anita L. Davis, PT, DPT, DAAPM
Laurie Denomme, B.Kinesiology
Mary Essert, BA, ATRIC
Robert Frampton, MPT, DHCE
Shinzo Fujimaki, CMT
Mari Fujita, ATRIC
Douglas Gil, MS, PT
Susan J. Grosse, MS
Maryanne Haggerty, MS
Vicki Hames-Frazier, AS
Patty Henry-Schneider, MS, LPC
Rosemary Herlong, MS, LRT/CTRS
Bonnie Hopps, AS
Lynda Huey, MS
Lynette Jamison, MOT, OTR/L
Connie Jasinkas, MSc
Lynda Keane, BSc
Jim Kelsey, KT, ATRIC
Jun Konno, ATRIC
Katrien Lemahieu, MSEN
Tatiana Maximova, MPT
Ruth Meyer, MEd, RKT, ATRIC
Terri Mitchell, BA, PTA, ATRIC
donna Mooneyham, MAEd, CTRS/LRT
Mick Nelson, BS, MS
Sue Nelson, BS, ATRIC
Eduardo Netto, MS
Anne Pringle Burnell, AS
Bridget Reardon, MPT, ATRIC
Mary Rosenberg, PT, DPT, ATRIC
Beth Scalone, PT, DPT, OCS, ATRIC
Ruth Sova, MS, ATRIC
Carolyn Sprehe, BS, ATRIC
Belinda Stillwell, PhD
Maria Sykorova Pritz, EdD
Lori Templeman, BA
Teri Todd, PhD
Steph Toogood, AS
Luis Vargas, PhD, PT, ATRIC
Ann Wieser, PhD
Adam Wilson, MS, CTRS
Mary Wykle, PhD, ATRIC
Aikiko Yui, ATRIC



ATRI Aquatic Therapeutic Exercise Certification Exam

Wednesday, July 2 • 9:00 am (Registration 8:30 am)

The **ATRI Aquatic Therapeutic Exercise Certification Exam** is for competent, knowledgeable professionals in aquatic therapy, rehab and therapeutic exercise. The exam will test your ability to meet the Aquatic Therapy and Rehabilitation Industry Standards to practice. The Standards are available on the ATRI website and can be downloaded free of charge. The certification will allow you to use the term "ATRI Certified" or the initials "ATRIC" after your name. The certification will not make you a therapist if you aren't already one. Please go to atri.org for more information, click on Certification Information. Online Exam is also available! The Intro. to Aquatic Therapy and Rehab course (#1200 offered on Saturday from 7:30 am-4:30 pm) is an excellent preparatory course for the exam.



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The Sanibel Harbour Marriott Resort & Spa is a luxurious tropical escape where 85 acres of coastal scenery welcome you. Overlooking Sanibel and Captiva Islands on Florida's Southwest Gulf Coast, Sanibel Harbour Marriott Resort & Spa was named among the "Top 100 Spa Resorts in the US" by *Condé Nast Traveler*. Swimming, kayaking, tennis, and a world-class fitness center are all part of the resort experience. Explore acclaimed angling from the resort's own fishing pier or catch a glimpse of dolphins from a memorable cruise with *Holiday Adventure Tours & Boat Rental*. Family programs include "Dive-In Movies", Sun Sport Rentals, Catamaran & Yacht Tours, plus other special events.

Sanibel Harbour Marriott Resort & Spa Details

Guest rooms feature private balconies, signature robes, hair dryers, custom-blended bath amenities, iron/ironing boards, coffee makers, mini-bars or refrigerators, voicemail, data port, high-speed Internet access, in-room safe, non-smoking rooms, and handicapped accessible rooms.

Ahhh...
the sea,
the sun,
the sand.



Directions

If you are traveling by air, Southwest Florida International Airport (RSW) is conveniently located in Fort Myers, FL. The Resort is approximately 30 minutes from the airport. Driving directions to the Resort will be in your Confirmation Materials.

To Get From the Airport to the Hotel

Fares are generally around \$40-50 for one to three people (all prices subject to change). MBA Taxi Service - 239-482-2777
Shuttle Services: Apple: 800-852-7027 or 239-482-1200 / Majestic: 800-833-4473 or 239-489-4473.

Parking

The hotel provides free self parking for all Symposium attendees and \$10/night valet parking - this is a special rate for ATRI attendees.

Symposium Headquarters • Overnight Accommodations

Sanibel Harbour Marriott Resort & Spa

17260 Harbour Pointe Drive
Fort Myers, FL 33908

Reservations Only: (800) 767-7777 or click on the

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Hotel Switchboard: (239) 466-4000

Guest Fax: (239) 466-2266

www.sanibel-resort.com

**Book Your Hotel Room by June 15th
to Secure Your Room and \$129 Rate!
Call 800-767-7777**

Hotel Rates

- Special Symposium rate: **\$129 single/double** (plus tax - subject to change) until June 15th. The rate includes a Daily Benefits Fee which provides the following special resort services:
 - Unlimited access to the world-class Spa facilities
 - Full use of the fitness center
 - Unlimited hours of clay tennis court time
 - Unlimited in-room access to high-speed wired or wireless Internet service
 - No additional fee for "800" numbers
 - Newspaper delivered to your guest room
 - Coffee in your guest room
 - Turndown service upon request
 - Shuttle transportation to selected Sanibel area attractions
 - Trolley transportation around the resort complex
 - Admittance to any of the more than 30 exercise classes offered weekly.
- **Please note:** When you make your reservation, you will receive an **email confirmation from the hotel**. This is auto-generated and **will include the \$15/day Resort Fee**. This **fee will be waived** when you are charged for your stay if your room is in the ATRI room block.
- Reservations will be confirmed by credit card guarantee. All major credit cards will be accepted.
- When making your reservation, please identify yourself as an Aquatic Therapy & Rehab Institute attendee to receive the special discounted rates.
- **Discounted room rates are good for three days before and after the Symposium, based on availability. These reservations MUST be made by telephone. The online reservation system will not recognize these dates.**
- **Reservation Deadline:** Cut-off date for room reservations is **June 15, 2014**. After the cut-off date, and/or once the room block has been filled, reservations will be confirmed on a space and rate available basis.
- Check-in time is 4:00 pm. Guests arriving before 4:00 pm will be accommodated as rooms become available. Check-out time is 11:00 am.
- **ATRI is not responsible for making or paying for your room reservations or overnight arrangements.**
- **Hotel Cancellation policy:** Guaranteed rooms will be held for night of arrival only. For any guaranteed reservations that result in a "no show", one night's room and tax charge will be billed to the individual. Payments for cancelled reservations will be refunded if the Resort is notified at least seven (7) days prior to the guest's scheduled arrival date.

Symposium 2014 Registration Details

Symposium Registration

Your Complete Conference Registration includes:

- Choice of ALL Symposium courses, 1-hour to 8-hour courses to choose from
- All Meals - Continental Breakfast, Lunch and Dinner, Saturday through Tuesday, and Breakfast on Wednesday
- Program Proceedings CD including all Symposium course handouts
- Nationally Recognized Continuing Education Hours
- Admission to Exhibit Hall/Gathering Place with Prizes given regularly
- Sunday Awards Celebration Dinner
- Your Chance to Win a Free Registration to any ATRI Conference in 2014 or 2015
- Wednesday Networking Breakfast and Practice Sessions

A separate fee is required for...

- Aquatic Therapeutic Exercise Certification Exam

Continuing Education Hours

Numerous therapy and aquatics-related organizations accept ATRI courses and award credit as appropriate. Specific information will be available at the Symposium. All attendees will receive a Continuing Education Credit/Unit Record Sheet as proof of attendance. You may use the proof of attendance and the course descriptions and biographies from the ATRI website (atri.org) to obtain credit. ATRI always provides attendees with any additional information they need to obtain credit. The following organizations routinely approve the Symposium for continuing education hours:

- American Kinesiotherapy Association (AKTA)
- American Therapeutic Recreation Association (ATRA)
- Aquatic Exercise Association, Inc. (AEA)
- Board of Certification (BOC) for Natl. Athletic Trainers Assn.
- Florida Board of Massage Therapy
- Florida Board of Occupational Therapy
- Florida Physical Therapy Association
- Physical Therapy Board of California
- DC Dept. of Health Regulation & Licensing Administration
- Illinois Department of Financial and Professional Regulation
- Texas Board of Physical Therapy Examiners

Many state Physical Therapy and Occupational Therapy organizations require pre-approval of conference courses. If you are in need of PT or OT CEU approval, please check with your state PT or OT organization to determine their requirements. Every state is different and ATRI does not automatically obtain PT or OT continuing education pre-approval for all states because the cost is prohibitive. Each therapist must follow the guidelines given by his/her state PT or OT organization for approval. **Please email Angie Fischer with any questions – afischer@atri.org.**

Unbeatable Exhibit Hall/Gathering Place

Our exhibitors are ready to show you the latest in useful, innovative products to increase your results and boost your profits. You'll find health and medical products, books, CDs and DVDs, plus a spectacular assortment of the latest fitness apparel. Test new products. Take advantage of Symposium discounts! The ATRI Exhibit Hall is called "The Gathering Place" so everyone knows where to meet, visit and learn during exhibit times. There will be round tables to facilitate networking, enjoy meals, and we'll also have educational and entertaining programs interspersed during the exhibit time.

Pool Equipment Sales

The Symposium is your place to buy pool equipment! Demonstration equipment will be available to buy at discounted prices! Take advantage of these special bargains!

Choosing Your Symposium Courses

Choose your Symposium courses by completing the Course Selection Sheets on **pages 12-15**. Cross-reference the course descriptions online at atri.org as you make your choices. Begin by selecting all of your first choices, then make second choices in case courses fill. If it's important that you get into a particular course, your first choice schedule might include pool participation for that course, while your second choice could be the same course, but observing and taking notes from the deck. Your days at the Symposium will be very full. Balance your schedule to allow time for meals, networking and rest.

Confirmation

You will receive your confirmation via e-mail (be sure atri.org is accepted by your server) once your registration and payment have been processed. Let us know if you don't have your confirmation within two weeks after your registration. **Please Note: Your Symposium Registration must be paid in full before your registration will be processed.**

Make your Room Reservations Now!

Be sure to book your room at the Sanibel Harbour Marriott Resort & Spa IMMEDIATELY to secure ATRI room rates! The Resort provides you with a beautiful, relaxing location at the center of Symposium courses and activities. **Book EARLY! Call 1-800-767-7777 by June 15th! Room rate is not guaranteed after that date and availability is not guaranteed after our block of rooms is filled!**

Looking for a Roommate?

Would you like to share the cost of your overnight room with another attendee? We will provide a list of those who would like to share a room. If you would like to be on and receive this list, complete the roommate information on the registration form. **Note that we are not responsible for finding you a roommate or for making your reservation.** We supply the names, you make the choice. We encourage you to make hotel reservations even if you have requested a roommate. Until your plans are final, it is in your best interest to secure a room.

**Book Your Hotel Room by June 15th
to Secure Your Room and \$129 Rate!
Call 1-800-767-7777**

Volunteers Always Needed

ATRI is always looking for fired-up volunteers, ready to work with us on-site at the Symposium. You'll receive a discounted registration fee as our thanks! If interested, please send an e-mail to mgunn@atri.org or call toll free, 866-go2-atri (866-462-2874).

What to Wear

Florida in June/July... it will be hot and quite humid. Average daily temperatures will be in the 80s with a nice ocean breeze, of course! Two of the three pools we will be using are outdoors. Be sure to bring sun block and appropriate hats, etc. Our Symposium is always casual. Dress in layers as meeting rooms are air conditioned and although we make every effort to offer rooms with comfortable temperatures, it's wise to have a sweatshirt or jacket with you at all times, especially when coming from the pool. Please take a cover-up for over swimwear and plan to wear it or other appropriate attire over swimsuits in hotel lobby, meetings rooms and general public areas.

Your Tuition is Tax Deductible

All expenses of continuing education, including registration fees, travel and lodging, taken to maintain or improve professional skills are tax deductible for US residents, subject to the limitations set forth by the Internal Revenue Service.

2014 Symposium Registration Form

Four Ways to Register!

ONLINE... Register online at www.atri.org • **ATRI Members Receive Great Discounts!**

FAX... Fax Registration Form, Course Selection Sheets and Credit Card Number to **561-828-8150**.

MAIL... Mail Registration Form, Course Selection Sheets and Payment (payable to ATRI) to:
ATRI, 2900 Gulf Shore Blvd. N. #116, Naples, FL 34103. (Checks must be mailed with Registration Form and Course Selection. Please do not mail checks separately.)

PHONE... Call toll free **866-462-2874** • Please complete your Course Selection Sheets first.

1) Registrant Information

Name _____ Circle: Male/Female Discipline _____

Name as you prefer on your name badge _____

Workplace Name (needed only if we are mailing to your workplace address) _____

Mailing Address _____

City _____ State _____ Zip _____ Country _____

Home Phone () _____ Work Phone () _____ Fax () _____

E-Mail Address _____ Emergency Contact/Phone () _____

Do you require handicap assistance to participate in this event? Yes No Type of assistance: _____

How did you hear about us? ATRI Website ATRI Mailing ATRI eList/Bulletin Board Word-of-Mouth

Internet Search Engine: _____ Advertisement - Publication Name: _____

2) Roommate Listing

Check the box at left to be added to the Roommate List.

We will email you a list of others who would like to share a room. We are not responsible for finding you a roommate or for making your hotel reservation. We supply the names, you make the choice. We encourage you to make reservations even if you have requested a roommate.

Circle: Male OR Female

3) Conference Registration

Complete Conference Registration Includes:

- Choice of ALL Symposium courses, 1-hour to 8-hour courses to choose from
- All Meals - Continental Breakfast, Lunch and Dinner, Saturday through Tuesday, Breakfast on Wednesday (Please see Meal Information below)
- Your Chance to Win a Free Registration to any ATRI Conference in 2014 or 2015
- Program Proceedings CD including all Symposium course handouts
- Nationally Recognized Continuing Education Hours
- Admission to Exhibit Hall/Gathering Place with Prizes given regularly
- Sunday Awards Celebration Dinner
- Wednesday Networking Breakfast and Hands-on Practice Sessions

**Register by
Mother's Day -
May 11th and Save!**

Become a Member of ATRI for just \$45 and Save!

Covers Membership from January 1 - December 31, 2014 (Dues are \$45 whenever you join)

"Members Rule!" Benefits:

- Early Bird Discounts
- Aqua MarketPlace Discounts
- Research Updates
- ATRI Newsletters

Group Discounts Available!

Groups of 3 or more can call ATRI at 866-462-2874 for possible Group Discounts.

Meal Information: Meals are basic – nothing fancy and no special requests – but they'll be quick and free. There is no discount for not eating them. Please notify us of food allergies. It helps the hotel to know ahead of time.

2014 Symposium Registration Form (cont'd)

Your Name _____

4) Complete Course Selection Sheet

(Pages 12-15) **Registrations can not be Processed without completed Course Selection Sheets.**

5) Membership - \$45 (Optional)

See Benefits List at left.

6) ATRI Certification Exam (Separate Fee)

The ATRI Certification Exam is optional.

_____ \$255 - Wednesday, July 2 - 8:30 am

7) Registration Fees

Complete Conference Registration

(Includes All Saturday through Tuesday Symposium Courses and All Meals, and Wednesday Breakfast and Practice Sessions)

	ATRI Member	Non-Member
Paid BY Early Bird Discount Deadline of Mother's Day (May 11)	\$995	\$1125
Paid AFTER Early Bird Discount Deadline	\$1095	\$1225
Reduced From.....	\$1225	\$1325

OR

Pay-By-Day Registration (includes three meals) \$395/day

Pay-Per-Course Registration

If you are unavailable for the full Symposium, there is a limited amount of space available on a Pay-Per-Course basis. Pay-Per-Course registrations are processed AFTER the Early Bird deadline of May 11th. Call ATRI for prices and to register - 866-462-2874. No online registration available for Pay-Per-Course. You must call ATRI to register for Pay-Per-Course.

**Register by Mother's Day -
May 11th and Save!**

Figure Your Fees...(Circle your fees/Enter Total at bottom)

\$ 45 ATRI Membership (Optional) Covers membership from Jan. 1-Dec. 31, 2014, no matter when you sign up

\$ _____ Registration Fee - Enter Appropriate Fee - See #7 Registration Fees Above

\$ 255 ATRI On-Site Certification Exam Fee (Optional)

\$ _____ Total

8) Payment (Payable to ATRI) - Your Registration must be paid in full in order to process your Course Selection. You will not receive any Confirmation Materials until your Registration is paid in full. (If you are using the Payment Plan, you will receive your Confirmation Materials right away, but they will show a balance due until paid in full.) Thank you.

• Sorry, we do not accept Purchase Orders

Check or Money Order # _____

Credit Card (circle one): MasterCard VISA Discover American Express

Credit Card Number: _____

Expiration Date: _____ 3 or 4-Digit Code on Card: _____

Name as it appears on Card (Print): _____

Billing Address of Cardholder:

Street Address _____

City, State, Zip, Country _____

Cardholder's Signature: _____

Cancellation Policy:

Cancellations must be sent in writing. Your registration fee may be transferred to another ATRI conference or you may transfer your registration to another person. A \$50 fee paid by check or credit card is required for all transfers. Transfers are one-time only and must be used within one year of the date of the conference you are transferring from. If you are cancelling completely, you must cancel 30 days prior to the conference. Your registration fee, minus a \$75 processing fee, will be refunded after the conference. There are no refunds for no-shows or for those not meeting the 30-day deadline.

**Ask About our
Payment Plan!**

Course Selection Sheet Directions

KEY	
L	= Lecture
LW	= Land Workshop
P	= Pool (to be in the water)
D	= Deck (to sit on deck)

- Sign up for as many courses as you wish by circling the appropriate letter (see key at right).
- **PLEASE BE SURE COURSE TIMES DO NOT OVERLAP.**
- The courses are described at www.atri.org. Click on **June 28-July 2 - Sanibel, FL**. You will see the schedule of courses listed. Click on any underlined course for a complete description. More information is also available on **pages 4-7** of this brochure.
- **Wednesday Sessions:** No need to sign up, just show up. See page 6 for the complete schedule of practice sessions.
- **Courses are filled in the order in which Registrations are received - you must include:**
 - **Completed Registration Form (pages 10-11)**
 - **Completed Course Selection Sheets (pages 13-15)**
 - **Full Payment**
- Courses are grouped according to time periods for each day. Many course times overlap. Please make your 1st and 2nd choices with that in mind.
- Begin by filling in your 1st choices for each day, then your second choices. We hope to be able to fill your 1st choices, but you should also make 2nd choices. If you do not make a 2nd choice and your 1st choice is full, you will not be registered for any course during that time frame. (Note: 2nd choice selection not available online).
- If there is a course that you really want, your first choice might be pool space for that course and your second choice might be deck space for that same course, giving you the best chance of getting into the course.
- **SEE SAMPLE COURSE SELECTION SHEET BELOW.**
Please read the times of the courses carefully.
You will not circle a choice in every time block because course times overlap.
(E.g.) If you choose a course that runs for a four-hour time block as a first choice, do not choose courses in shorter time frames as first choices that would overlap the first course selected. If you do not think you will be attending during certain time frames, **please indicate NA** next to that time frame so we understand you would prefer to pass it up.

For Detailed Course Descriptions, please go to www.atri.org

FOUR WAYS TO REGISTER...

- Register **ONLINE** at www.atri.org
- **FAX** your Course Selection Sheets with your Registration Form and Payment to 561-828-8150.
- **MAIL** your Course Selection Sheets, Registration Form, and Payment to:
ATRI, 2900 Gulf Shore Blvd. N. #116, Naples, FL 34103.
- Have your credit card ready and Course Selection Sheets completed, and **CALL** toll free 866-go2-ATRI (866-462-2874).

Sample Course Selection Sheet

Course Title	Time	Course #	1st Choice	2nd Choice
Sample Workshop	7:30 am -- 11:30 am	SAMPLE	(P) or D	P or D
Sample Workshop	7:30 am -- 11:30 am	SAMPLE	P or D	P or D
Sample Workshop	7:30 am -- 11:30 am	SAMPLE	P or D	P or D
Sample Workshop	7:30 am -- 9:30 am	SAMPLE	P or D	(P) or D
Sample Workshop	7:30 am -- 9:30 am	SAMPLE	P or D	P or D
Sample Workshop	9:45 am -- 11:45 am	SAMPLE	P or D	P or D
Sample Workshop	9:45 am -- 11:45 am	SAMPLE	P or D	(P) or D
Sample Lecture	9:45 am -- 11:45 am	SAMPLE	L	L
Sample Workshop	12:30 pm -- 4:30 pm	SAMPLE	(P) or D	P or D
Sample Workshop	12:30 am -- 4:30 pm	SAMPLE	P or D	P or D
Sample Workshop	12:30 am -- 4:30 pm	SAMPLE	P or D	P or D

SAMPLE Course Selection Sheet

Discounted Pool Equipment!!!

Pool Equipment Used at this Event will be Sold at a Discount!

Reserve Yours Early and Pick It Up in the Exhibit Hall on Tuesday Evening between 5:00-7:00 pm!

Course Selection Sheet 2014...Begin Making Your Selections Here...

Registrant's Name _____

Course Title	Time	Course#	1st Choice	2nd Choice
--------------	------	---------	------------	------------

Saturday Courses • June 28 • 8-Hour Full-Day Courses

Intro. to Aquatic Therapy and Rehab	7:30 am -- 4:30 pm	1200	P or D	P or D
Rehab for Injured Warriors and Athletes	7:30 am -- 4:30 pm	2240	P or D	P or D
Orthopedic Progressions	7:30 am -- 4:30 pm	3308	P or D	P or D

Begin by selecting your 1st choice of courses for each day, then go back and make your 2nd choices

Saturday Morning Courses • June 28 • 4-Hour Courses

Stop Seated Stress with Integrated Core Training	7:30 am -- 11:30 am	1624	P or D	P or D
Parkinson's Disease: Improving Functional Mobility	7:30 am -- 11:30 am	2512	P or D	P or D

Saturday Morning Courses • June 28 • 2-Hour Courses

Watsu® Experiential	7:30 am -- 9:30 am	1618	P or D	P or D
Chair and Seated Exercise Adaptations	7:30 am -- 9:30 am	1622	LW	LW
The Burdenko Method: Rehab Ortho/Sport Injuries	7:30 am -- 9:30 am	2625	P or D	P or D
Sensory Integrated Imagery	9:45 am -- 11:45 am	1505	LW	LW
Feldenkrais® for Neck and Shoulders	9:45 am -- 11:45 am	2616	LW	LW
Documentation for Aquatic Therapy	9:45 am -- 11:45 am	2810	L	L

If you select a 4-hour course in the morning, you may choose another 4-hour course in the afternoon or two 2-hour courses

Saturday Afternoon Courses • June 28 • 4-Hour Courses

UE Strengthening Techniques	12:30 pm -- 4:30 pm	1321	P or D	P or D
Therapeutic Interventions-Ataxia/Related Disorders	12:30 pm -- 4:30 pm	1504	P or D	P or D

Saturday Afternoon Courses • June 28 • 2-Hour Courses

Amputee Options and Outcomes	12:30 pm -- 2:30 pm	1021	L	L
Calming Fearful Patients	12:30 pm -- 2:30 pm	1028	P or D	P or D
Therapeutic Noodle Progressions	12:30 pm -- 2:30 pm	1217	P or D	P or D
AquaFlow for Mothers-to-Be	2:45 pm -- 4:45 pm	1215	P or D	P or D
Chronic Conditions	2:45 pm -- 4:45 pm	1317	LW	LW
Muscle and Mind Mixes	2:45 pm -- 4:45 pm	1507	P or D	P or D

Saturday Evening Courses • June 28 • 1-Hour Courses

Nekdoodle® Progressions with Flotation (Pool Only)	6:30 pm -- 7:30 pm	1211	P or D	P or D
Russian Pediatric Programs (Pool Only)	6:30 pm -- 7:30 pm	1234	P or D	P or D
Self-Aqua Therapy YU-GA (Pool Only)	6:30 pm -- 7:30 pm	1604	P or D	P or D
Tai Chi for Arthritis	6:30 pm -- 7:30 pm	1609	LW	LW
Feldenkrais® Basics	6:30 pm -- 7:30 pm	1619	LW	LW
Weight Management	6:30 pm -- 7:30 pm	2012	L	L
A New Approach to Abdominal Exercises	6:30 pm -- 7:30 pm	2234	L	L
Functional Cervical Maneuvers	6:30 pm -- 7:30 pm	2608	L	L

READ times to avoid overlap in your schedule!

1-Hour Courses

Sunday Morning Courses • June 29 • 4-Hour Courses

European Pediatric Interventions	7:30 am -- 11:30 am	1221	P or D	P or D
Ai Chi World	7:30 am -- 11:30 am	1615	P or D	P or D
AquaStretch™ Basics	7:30 am -- 11:30 am	1621	P or D	P or D
Balance and Core Strength	7:30 am -- 11:30 am	2219	P or D	P or D
Trunk-Centered Movement	7:30 am -- 11:30 am	2327	P or D	P or D
Stroke Rehabilitation	7:30 am -- 11:30 am	2501	P or D	P or D

4-Hour Courses

Register by Mother's Day - May 11th and Save!

Registrant's Name _____

READ times to avoid overlap in your schedule!

Course Title	Time	Course#	1st Choice	2nd Choice
Sunday Morning Courses • June 29 • 2-hour Courses				
Gender Differences in Back Pain	7:30 am -- 9:30 am	1017	L	L
Developing a Treatment Plan for Complex Conditions	7:30 am -- 9:30 am	2011	L	L
Aging Alive: Training for the Baby Boomer	9:45 am -- 11:45 am	2236	L	L
Innovative Exercises for the Hip	9:45 am -- 11:45 am	2326	LW	LW

2-Hour Courses

Sunday Afternoon Courses • June 29 • 4-hour Courses

Aging Well	12:30 pm -- 4:30 pm	1214	P or D	P or D
Pediatrics: An Integrated Approach	12:30 pm -- 4:30 pm	1220	P or D	P or D
Trigger Point Patterns for Cervical/Thoracic Pain	12:30 pm -- 4:30 pm	2310	P or D	P or D
Preventing Knee Meniscus Surgery	12:30 pm -- 4:30 pm	2320	P or D	P or D
Business Panel	12:30 pm -- 4:30 pm	2803	L	L

4-Hour Courses

Sunday Afternoon Courses • June 29 • 2-hour Courses

Magical Ortho Modification and Progressions	12:30 pm -- 2:30 pm	1320	P or D	P or D
LBP and the Pilates Concept	12:30 pm -- 2:30 pm	2611	LW	LW
Ai Chi Integrative	12:30 pm -- 2:30 pm	2612	P or D	P or D
Adapting Ai Chi to Support Ind. with Morbid Obesity	2:45 pm -- 4:45 pm	1617	P or D	P or D
Feldenkrais® for the Low Back	2:45 pm -- 4:45 pm	1626	LW	LW
Joint Hypermobility Syndrome	2:45 pm -- 4:45 pm	2233	P or D	P or D
Awards Celebration Dinner - 5:30 pm - Please circle "Yes" if you plan to attend...			Yes	

Pay Attention to times of courses. Some are shorter. Some are longer. Avoid overlap!

Monday Morning Courses • June 30 • 4-hour Courses

Post-Rehab Core-Centered Stability Progressions	7:30 am -- 11:30 am	1319	P or D	P or D
ROM, Stabilization, Balance for Endurance/Strength	7:30 am -- 11:30 am	2230	P or D	P or D
Improving Outcomes for Chronic Pain Patients	7:30 am -- 11:30 am	2242	P or D	P or D
Supine Muscle Re-Education	7:30 am -- 11:30 am	2622	P or D	P or D

4-Hour Courses

Monday Morning Courses • June 30 • 2-hour Courses

Treatment of Chronic Pain and Addiction	7:30 am -- 9:30 am	1207	L	L
Autism Spectrum of Disorders	7:30 am -- 9:30 am	1227	P or D	P or D
Diabetes and Exercise Q&A	7:30 am -- 9:30 am	2007	L	L
Intermediate AquaStretch™ for Lower Extremity	7:30 am -- 9:30 am	2633	P or D	P or D
Autism Spectrum of Disorders: Spec. Ther. Aquatics	9:45 am -- 11:45 am	1222	L	L
Spinal Injury Techniques	9:45 am -- 11:45 am	1508	P or D	P or D
Low Back Pain Treatment Tips	9:45 am -- 11:45 am	2239	L	L
Intermediate AquaStretch™ Pro for the Hip	9:45 am -- 11:45 am	2628	P or D	P or D

2-Hour Courses

Monday Afternoon Courses • June 30 • 4-hour Courses

Addressing Secondary Issues in Rehab	1:30 pm -- 5:30 pm	1004	P or D	P or D
Dynamic Joint Mobility Drills	1:30 pm -- 5:30 pm	2237	P or D	P or D
ACL Rehab	1:30 pm -- 5:30 pm	2328	P or D	P or D
Professional Development Panel	1:30 pm -- 5:30 pm	2805	L	L
Pilates Plank Challenges	1:30 pm -- 5:30 pm	3604	P or D	P or D

4-Hour Courses

Monday Afternoon Courses • June 30 • 2-hour Courses

Therapeutic Water Walking for Post-Stroke	1:30 pm -- 3:30 pm	1502	L	L
Intermediate AquaStretch™ for Pediatrics/Neuro	1:30 pm -- 3:30 pm	2634	P or D	P or D
Intermediate AquaStretch™ for Upper Extremity	1:30 pm -- 3:30 pm	2639	P or D	P or D
Child's Play the Therapy Way	3:45 pm -- 5:45 pm	1605	P or D	P or D
Research Panel	3:45 pm -- 5:45 pm	2010	L	L
Intermediate AquaStretch™ for Frozen Shoulder	3:45 pm -- 5:45 pm	2635	P or D	P or D

2-Hour Courses

Registrant's Name _____

READ times to avoid overlap in your schedule!

Course Title	Time	Course#	1st Choice	2nd Choice
Monday Evening Courses • June 30 • 1-hour Courses				
Taking Laughter Seriously	7:30 pm -- 8:30 pm	1005	L	L
Facilitating Positive Emotions	7:30 pm -- 8:30 pm	1008	L	L
Diamond Hard Drills for Function (Pool Only)	7:00 pm -- 8:00 pm	1210	P or D	P or D
HydroRider Applications-Aquatic Therapy (Pool Only)	7:30 pm -- 8:30 pm	1216	P or D	P or D
Stabilization from the Feet (Pool Only)	7:30 pm -- 8:30 pm	1305	P or D	P or D
Ten Common Mistakes When Trying to Lose Weight	7:30 pm -- 8:30 pm	2003	L	L
Brazilian Athletic Interventions	7:30 pm -- 8:30 pm	2229	L	L

1-Hour Courses

Tuesday Morning Courses • July 1 • 3-hour Courses

Using Water to Treat Lymphedema	8:00 am -- 11:00 am	2226	P or D	P or D
Muscular Dystrophy Across the Spectrum	8:00 am -- 11:00 am	2243	P or D	P or D
Gait, Balance, Proprioception and Coordination	8:00 am -- 11:00 am	2325	P or D	P or D
The Burdenko Method	8:00 am -- 11:00 am	2604	P or D	P or D
Rehab and Beyond: Self-Determination to Continue	8:00 am -- 11:00 am	2811	P or D	P or D
Safety Panel	8:00 am -- 11:00 am	2904	L	L
Treatment for the Complex Medical Patient	8:00 am -- 11:00 am	3208	L	L
Clinical Wassertanzen Part I	8:00 am -- 11:00 am	3601	P or D	P or D

3-Hour Courses

Tuesday Afternoon Courses • July 1 • 4-hour Courses

Athletic Rehab Concepts for Community Populations	1:00 pm -- 5:00 pm	2216	P or D	P or D
Trigger Point Patterns for Lumbar Pain	1:00 pm -- 5:00 pm	2309	P or D	P or D
Ai Chi for Scoliosis and Multi-Level Fusion	1:00 pm -- 5:00 pm	2607	P or D	P or D
Intentional Sequencing	1:00 pm -- 5:00 pm	2638	P or D	P or D

4-Hour Courses

Tuesday Afternoon Courses • July 1 • 2-hour Courses

Aquatic Therapy for Disabled Children	1:00 pm -- 3:00 pm	1209	L	L
Using Watsu® for Children with Severe/Profound Dis.	1:00 pm -- 3:00 pm	1226	P or D	P or D
Breast Cancer Treatment Techniques	1:00 pm -- 3:00 pm	2224	P or D	P or D
Orthopedic Functional Progressions	1:00 pm -- 3:00 pm	2311	LW	LW
Pilates Principles for Posture/Balance/Core Strength	3:15 pm -- 5:15 pm	1623	P or D	P or D
ATRI Certification QuickPrep	3:15 pm -- 5:15 pm	1809	L	L
Pain Progressions and Progress	3:15 pm -- 5:15 pm	2225	LW	LW
Engage Your Brain: Enhanced Therapeutics	3:15 pm -- 5:15 pm	2513	P or D	P or D

2-Hour Courses

Tuesday Evening Courses • July 1 • 1-hour Courses

Core Stabilization and Strengthening (Pool Only)	7:00 pm -- 8:00 pm	1201	P or D	P or D
Pool Techniques for People in Pain (Pool Only)	7:00 pm -- 8:00 pm	1205	P or D	P or D
Balance Training for Land and Water	7:00 pm -- 8:00 pm	1313	LW	LW
Training Agility for All Levels	7:00 pm -- 8:00 pm	2206	LW	LW
Clinical Wassertanzen Part II (Pool Only)	7:30 pm -- 8:30 pm	3602	P or D	P or D

1-Hour Courses



**Wednesday Morning Practice Sessions
No Need to Sign Up, Just Show Up!
See Bottom of Page 6 for Schedule**

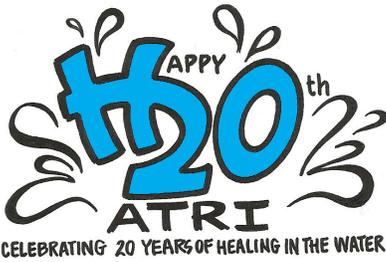
**Interested in the ATRI Certification Exam?
See Page 7 for Details...Register on Page 11**



Aquatic Therapy & Rehab Institute
 2900 Gulf Shore Blvd. N. #116
 Naples, FL 34103-3900

**Register by Mother's Day and Save!
 Become a Member of ATRI and Save!**

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**International Aquatic Therapy
 Symposium**

**June 28-July 2, 2014
 Sanibel, Florida, USA**

Aquatic Therapy & Rehab Institute
 Toll Free: 866-go2-ATRI (866-462-2874)
 Email: atri@atri.org • Web: www.atri.org

The Symposium Offers You:

- New techniques and protocols for success!
- Speakers, who are specifically chosen for three important qualities: their teaching, facilitating and mentoring abilities!
- We listened to you! Courses from 1 hour to 8 hours in length to choose from!

ATRI...Where Education is Never Dry!

Top Ten Reasons Why You Should Attend:

- 1) Hands-on Experience in the Pool
- 2) Courses from 1 hour to 8 hours to Choose From
- 3) Network with Colleagues from All Over the World
- 4) Multidisciplinary Approach
- 5) Learn from the Foremost Authorities
- 6) Stay on Top of Industry Research and Techniques
- 7) Beginner to Advanced Level Courses
- 8) Ideas You Can Use on Monday Morning
- 9) Over 100 Courses to Choose From
- 10) All Meals are Included

Your Leading Source of Multidisciplinary Aquatic Therapy Education